



Annual Review: Academic Year 2021-2022

TABLE OF CONTENTS

Introduction to the Annual Review	3
<i>Alcohol and Other Drugs Leadership Council</i>	
<i>Meeting dates</i>	
<i>Membership</i>	
<i>Research Methods and Data Analysis Tools</i>	
<i>Availability of the Annual Review</i>	
AOD Program Elements	4
<i>Alcohol-Free Options</i>	
<i>Normative Environment</i>	
<i>Alcohol Availability</i>	
<i>Marketing and Promotion of Alcohol</i>	
<i>AOD Services Implemented Programs</i>	
AOD Prevention Program Goals	8
<i>Strategic Plan</i>	
<i>Student Learning and Student-Centered Outcomes</i>	
<i>Clinical Intervention Outcomes</i>	
<i>Discussion of Goal Achievement</i>	
Review of AOD Programs	15
<i>Strengths</i>	
<i>Weaknesses</i>	
Policies and Notification	16
<i>AOD Policy Review</i>	
<i>AOD Policy Contents</i>	
<i>Policy Scope</i>	
<i>Policy Statement</i>	
<i>Policy Distribution</i>	
<i>Annual AOD Notification</i>	
<i>Annual AOD Notification Contents</i>	
<i>Policy Development and Enforcement</i>	
<i>Workshop Sanctions</i>	
<i>Referrals for AOD Sanctions</i>	
Recommendations for AOD Program Revisions	22
<i>Future Reviews</i>	

INTRODUCTION TO THE ANNUAL REVIEW

The Alcohol and Other Drugs (AOD) prevention program has the overarching goal of preventing the unlawful possession, use, or distribution of alcohol and other drugs by students and employees. The annual review is designed to document and assess program and policy effectiveness, consistency, and enforcement.

Alcohol and Other Drugs Leadership Council

The Alcohol and Other Drugs (AOD) Leadership Council is tasked with meeting regularly to discuss trends, policies, and programming related to alcohol and other drugs. Members of the AOD Leadership Council review data, the AOD policy, and the annual report. Members also make recommendations for changes to programming and policy.

Meeting dates

Alcohol policies, impacts, and programming were discussed by the AOD Leadership Council on September 14, 2021, November 1, 2021, January 24, 2022, and March 28, 2022.

Membership

The Alcohol and Other Drugs Leadership Council includes representatives from the University departments listed below. In addition to the departments listed below, the AOD Leadership Council has ongoing contact with Financial Aid, Human Resources, and Legal, Compliance and Risk Management:

- *Alcohol and Other Drugs Services*
- *Athletics*
- *Campus Recreation*
- *Dean of Students*
- *Grand Valley State University Police Department*
- *Housing and Residence Life*
- *Gayle R. Davis Center for Women & Gender Equity Student Life*
- *University Counseling Center*

Research Methods and Data Analysis Tools

Grand Valley State University (GVSU) uses multiple methods and tools to conduct a review of its Alcohol and Other Drug prevention programming. The Alcohol and Other Drugs Services office, reporting to the University Counseling Center, provides a spectrum of services including education, alcohol free programming, and recovery programming. Substance abuse treatment is provided via the University Counseling Center and in collaboration with AOD addiction specialists. Due to the unique challenges and programming of GVSU and AOD Services, the biennial review includes data from:

- Evaluations of educational and recovery programs - students and employees
- Evaluations from sanctioned workshop - students
- Records that disciplinary action was taken, and sanctions completed
- Recidivism rates of those violating the AOD policy
- Substance abuse treatment outcomes

Availability of the Annual Review

Grand Valley State University's annual review is available to all interested parties. Copies can be requested by contacting the Dean of Students Office at 616-331-3585 or dso@gvsu.edu.

AOD PROGRAM ELEMENTS

Alcohol Free-Options

Grand Valley State University offers a variety of alcohol-free events and activities for students provided by the AOD Services office, the office of Student Life, and the Division of Inclusion and Equity. All student centered on-campus events are alcohol-free. Events are promoted by the hosting office via social media, posters, and campus mailings. Service learning and volunteer opportunities are regularly available to students and information is easily accessed from the Community Service Learning Center's website. Additionally, GVSU has an alcohol-free recreation center on campus and provides alcohol-free activities such as intramural sports.

Normative Environment

Grand Valley State University creates a social, academic, and residential environment that supports health-promoting norms. Faculty and staff are educated about behavioral indicators, student norms and attitudes related to alcohol and drugs through the AOD Services Knowledge Support weekly educational series and the In the Mix AOD Podcasts Series. Students are educated about misperceptions of drinking norms through an online learning module prior to beginning their GVSU education, in AOD Services outreach programs, through programs led by Resident Assistants, and in social norming marketing on campus. Students are given the opportunity to volunteer during Alcohol Screening Day, promoted by the University Counseling Center. Additionally, GVSU offers substance-free housing on two campuses.

Alcohol Availability

Alcohol availability is limited at Grand Valley State University. Alcohol is restricted at the University. The sale of alcohol is not permitted. Delivery and use of kegs and other common containers are prohibited for students. Alcohol is not permitted in many areas, including all North Campus housing.

Marketing and Promotion of Alcohol

The Alcohol and Other Drugs prevention program limits the marketing and promotion of alcohol. Alcohol advertising is limited, as is alcohol industry sponsorship for on-campus events. Pro-health messages that counterbalance alcohol are abundant and facilitated by Campus Recreation, University Counseling Center, AOD Services, and Human Resources.

AOD Services Implemented Programs

The following programs are offered throughout the academic year to provide substance-free opportunities, education on legal and health consequences of using substances, and to promote substance-free lifestyles.

3 B's of Alcohol

This 50-minute interactive program engages students in a dialogue about drinking culture, safe drinking techniques, and the facts and myths related to alcohol. This programming was provided for academic courses, residential communities, the Greek community, and by request.

3 B's of Marijuana

This 50-minute interactive program engages students in a dialogue about marijuana culture, how to use cannabis safely, and some of the facts and myths about marijuana. This program addresses marijuana use, addiction, GVSU norms pertaining to marijuana use perceptions, health impacts, and consequences of using marijuana. This program was provided to academic courses and by request.

Wine, Women, and Wellness

This 50-minute program is specifically tailored to women, engaging in dialogue about drinking culture, concerns about drinking, and the various facts and myths about alcohol. The focus of this interactive program is education on alcohol use, high-risk drinking, GVSU norms pertaining to drinking, health

impacts, safety tips, and consequences of illegal drinking. This program can be requested by faculty, staff, or student groups/organizations.

Men and Alcohol

This 50-minute program explores the intersection of masculinity and alcohol use on college campuses. Myths and facts related to alcohol use, health and wellness of men, and healthy coping skills are discussed. This program can be requested by faculty, staff, or student groups/organizations.

How to Party Greek (newly added)

This 50-minute program explores substance use in Greek-life. In this presentation, exploration of culture and stereotypes are discussed as well as myths and facts related to substance use. Participants are encouraged to explore how they can help create a healthier community for their Greek organization and avoid pressures that can lead to problematic substance use.

Alcohol and Athletic Performance

This 50-minute program is open to those engaged in a variety of sports including Varsity sports, intramural sports, and club sports. This program addresses the impact and effect of drinking in conjunction with athletic performance. This program addresses the negative impact of alcohol on athletic performance for those who choose to drink. This program can be requested by faculty, staff, or student groups/organizations.

Game Time with AOD

This 50-minute program is provided to Varsity athletes as a part of their expected education. This presentation highlights basic substances knowledge, NCAA use statistics, and peer accountability. Participants are provided with information on impacts of alcohol, marijuana, and tobacco and warnings signs for themselves and for others.

Coaches' Huddle with AOD

This 50-minute program is provided to coaches of Varsity sports. This presentation reviews statistics and facts related to substances as well as specific impacts on athletes. Coaches are introduced to substance prevalence rates among NCAA athletes and are provided tips for actively engaging students in conversations around substances.

AOD Healthy Habits

This weekly drop-in meeting is a supportive and non-judgmental space for students who would like to explore their alcohol or other drug use. Students attending this outreach may range from those actively in recovery to those exploring whether they have problematic use.

Tobacco Use

This program is specifically designed to provide information on tobacco products, such as: different types of tobacco products, statistics, various impacts to health (i.e., to include newer research regarding potential risk with COVID-19), impact to the environment, types of smoke exposure, and where to find more information/facts. Information regarding vaping is also included.

Spring Break and Travel Safety

This interactive simulation program combines safe drinking and physical safety to educate students on the increased risk of harm when traveling across the state, nation, or internationally for spring break. The Spring Break Safety program aims to educate students on the importance of being cautious when choosing to drink in new environments and with new people.

AOD Jeopardy

This 50-minute Jeopardy simulation provides interactive education where students can learn facts, statistics, and myths about various substances including alcohol, marijuana, and study drugs. Program content includes information on impacts of substances, prevalence, effects, and legal matters. This programming is provided to academic courses, the residential community, the Greek community, and by request.

Mindfulness with AOD

This interactive program engages students in a dialogue about bystander intervention strategies, peer accountability, alternatives to use, and what to do in emergency situations.

Shots with Cops

Shots with Cops is a program conducted by the Grand Valley Police Department. The program focuses on laws surrounding alcohol, such as MIPs and drunk driving.

TIPS Training

The AOD Services office has certified trainers for TIPS (Training for Intervention Procedures) and offers this nationally developed 2.5-hour training free of charge

to student groups. The goal of the program is to empower students to prevent high-risk drinking, to recognize signs of intoxication, and to intervene to get further assistance and help for those impaired by alcohol. Students who attend this program may take an exam to receive a certification from TIPS.

Campus Game Night

Game Night is a substance-free event hosted by AOD Services staff in an Allendale campus location. The event is approximately two hours of free board-game play, free food, and interaction with other students. The AOD Services staff offers education on campus substance use norms. Game Night is held one Friday night per month during the academic year.

Recovery Meetings

The AOD Services office provides space and support for recovery meetings including AA, SMART Recovery, and Adult Children of Alcoholics. Students, faculty, staff, and community members are welcome to attend these meetings.

Knowledge Support Series

This 50-minute program is open to students, faculty, staff, and community members. The series is offered weekly with a variety of topics related to substance abuse, impacts, and issues. Time for questions and answers is provided at the end of each session.

In the Mix Podcast

The AOD team and featured guests discuss questions brought to the table both from the GVSU campus community and beyond. The podcast challenges beliefs about alcohol and other drugs and provides information on how to be safe, smart, and responsible.

AOD PREVENTION PROGRAM GOALS

The overarching goal of GVSU's AOD prevention programming is to help achieve a drug and alcohol-free campus that promotes healthy choices by students. Goals for the Alcohol and Other Drug prevention program are developed at various times throughout the year. Programming is designed to reach both formalized and informal goals of providing education, treatment, and reduction of high-risk behavior.

Strategic Plan

Objective 1

Expand substance abuse education to faculty, staff, and students.

Method

Create additional marketing, develop new programs and continue regular education program with updated legal information related to careers. Increase programming available to faculty and staff via the Lunch & Learn educational workshops and the Knowledge Support Series.

Measures

Amount and frequency of available programming to faculty, staff, and students.
Amount of differing educational programming available.
Measure of attendance at programs.

Note

Several major programs and monthly programs were impacted by the global pandemic (COVID-19) that significantly impacted total numbers.

Results

Program Attendance Highlights (July 1, 2021 – June 30, 2022)

Services	# of Programs	# of Attendees
Adult Children of Alcoholics (ACOA)	43	150
Sober Programming Activity*	15	443
Prevention and Education**	123	1,341
AOD Services Information Events***	204	3,955
TOTALS	385	6,274

*Includes Game Night, Alcohol Fair, Halloween Event, In the Fast Lane with AOD Event, St. Patrick's Day Brunch, Shots with Cops, Paint a Pot, RA Mocktails Event, and Rec & Wellness Dance Party.

**Includes 3'Bs, AEW, MEW, CASIC/BASICS, Athletics Game Time with Athletics, Knowledge Support Series, Presentations, Mental Health Ambassador Training, RA Training, and TIPS

***Includes Alcohol Screening Days, Tabling's, AOD Screenings, AOD Consultations, Knowledge Support Series, Podcast Episode Listens, on-line resource information (echeck-up and educational sheets/videos), and Panels.

Objective 2

Develop a recovery community with student groups and connect, as appropriate to the greater Grand Rapids recovery community.

Method

AOD Services assisted with hosting space for GVSU’s first All Recovery and Adult Children of Alcoholics (ACA) meetings to increase support and variety of options/needs for GVSU students. Although there was fluctuating attendance among programs, overall total student and general community attendance grew and was maintained. Note: All Recovery Meeting replaced NA meeting to meet needs of those attending.

Measures

Amount of available recovery meetings available on campus to faculty, staff and students.

Amount of differing recovery meetings available.

Measure of attendance at meetings.

Note

During the COVID-19 pandemic, meeting types were consolidated. Alcoholic Anonymous, Smart Recovery, and Adult Children of Alcoholics were the meeting types offered during the 2021 – 2022 academic year. An All-Recovery meeting was started but not maintained.

Results

Recovery Meetings Data Highlights (July 2021 - June 2022)

Group	# of Meetings	Total Student Attendance	Total Community Attendance	Total Attendance
Alcoholic Anonymous Meetings	172	248	408	656
Adult Children of Alcoholics Meetings	43	59	91	150
Smart Recovery	22	9	0	9
All Recovery	1	1	0	1
Narcotics Anonymous Meetings	Not held during COVID-19 pandemic			

Student Learning and Student-Centered Outcomes 2020-2021

Objective

Students will gain knowledge about the effects of alcohol use and strategies for harm reduction

Method

Data was collected via self-report evaluations at the conclusion of two educational programs:

The programs, “3 B’s of Alcohol (Be Safe, Be Smart, Be Responsible)” and “How to Party Greek”, address personal awareness level regarding alcohol behavior and application of knowledge gained from program to personal life. The evaluation utilizes the standard evaluation format for co-curricular programs delivered by Student Affairs staff with items specific to content.

The Alcohol Education Workshop (AEW) is a required program for students who have violated the GVSU Alcohol Policy. The workshop is designed to increase knowledge and awareness about the health and safety issues of alcohol, making responsible choices, and potential legal consequences. This workshop is also open to students who are interested in learning more.

Measures (2021 - 2022)

3 B’s of Alcohol (2021 – 2022: N = 140)

Examined questions (a), (b), and (c) from evaluation using the rating scale below:

- a. Increased understanding of how my alcohol use impacts my wellness and others
- b. Increased awareness of safe and responsible alcohol use
- c. Increased awareness regarding the culture of alcohol

Rating scale: 1 = not confident 2 = somewhat confident 3 = confident 4 = very confident

Alcohol Education Workshop evaluation (2021 – 2022: N = 48)

Examined question 1 from the evaluation using the rating scale below:

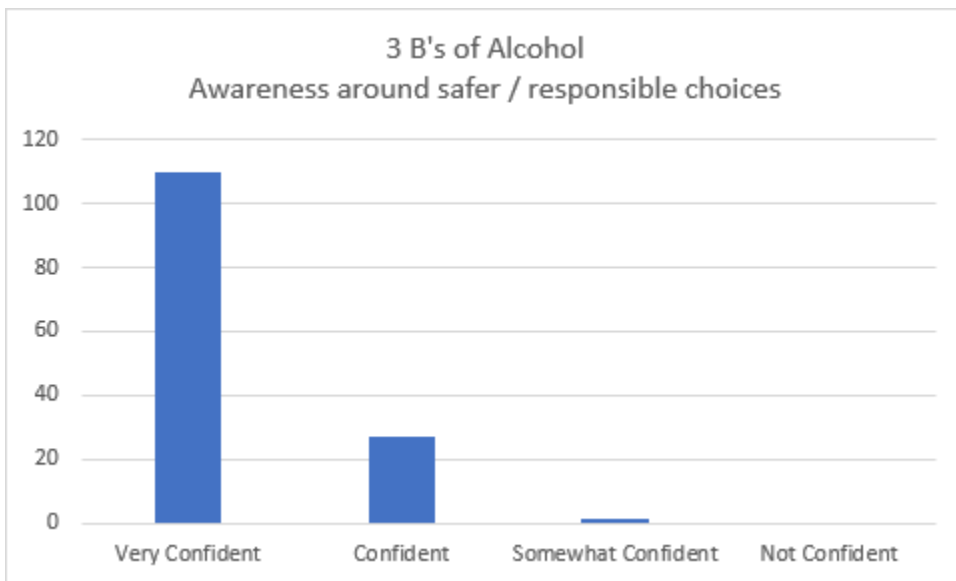
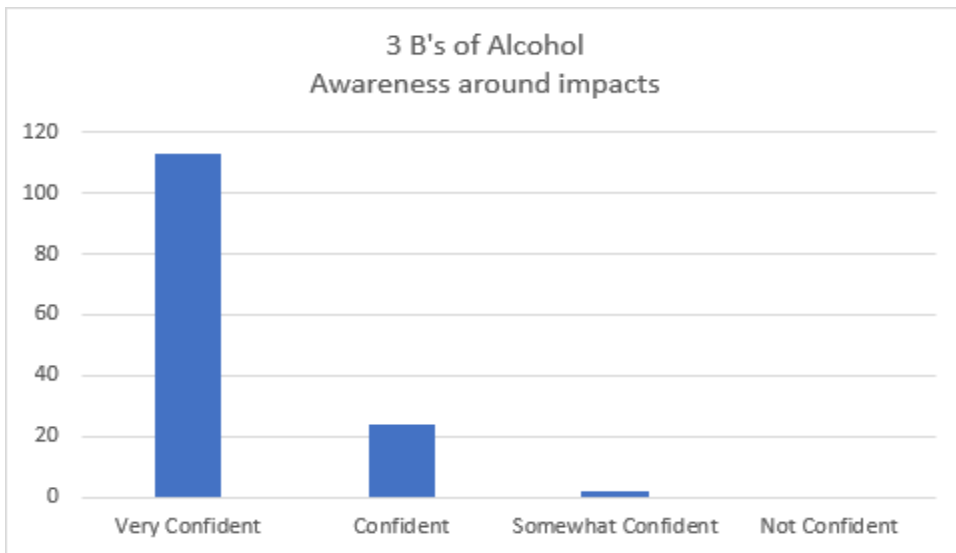
1. *“To what extent did you examine your own personal use of alcohol as a result of participation in the program?”*

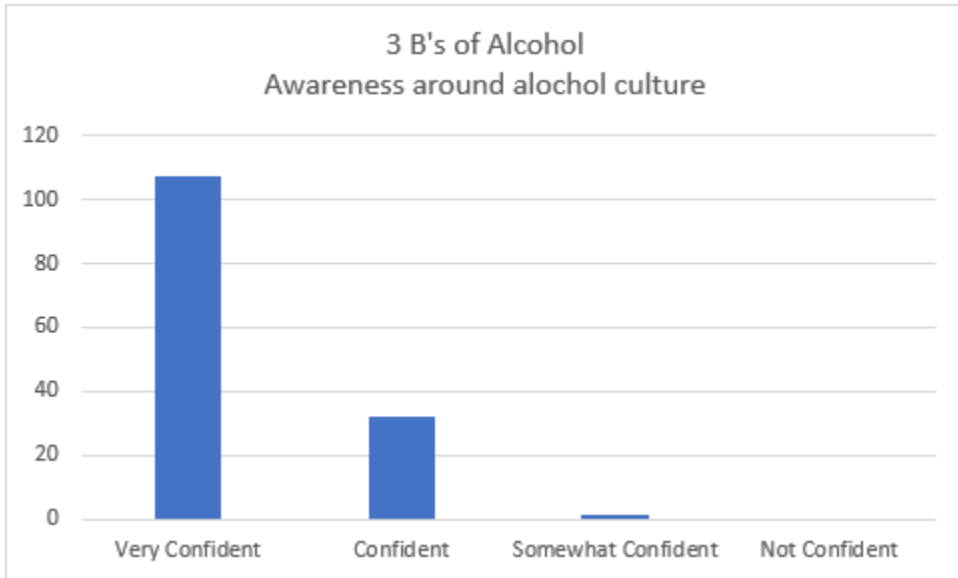
Rating scale: “Very Confident” “Confident” “Somewhat Confident”

“Not Confident”

Results:

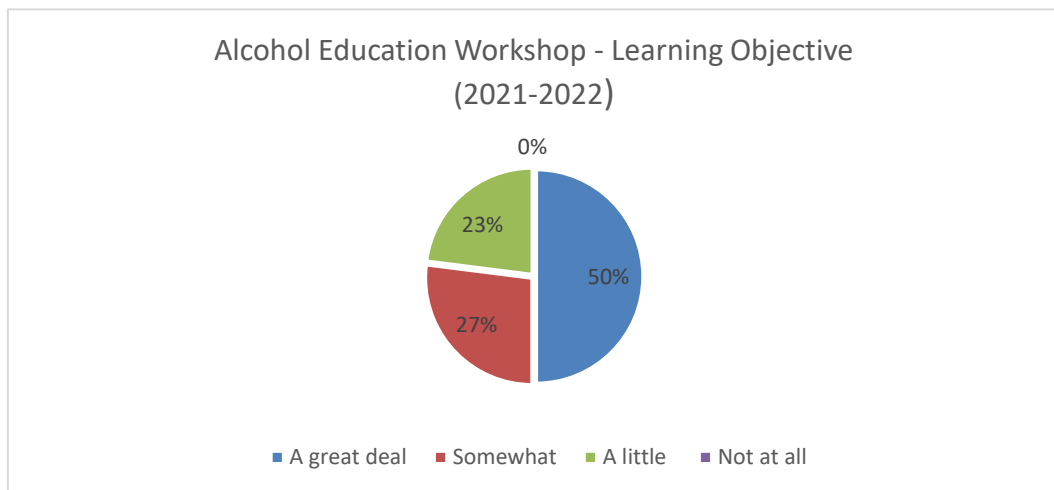
Program evaluation: Item mean score = 3.27





2021 – 2022 Alcohol Education Workshop evaluation:

Data reflects that 100% of the participants reported examining their use to some extent, specifically: “A great deal” (50%; 24), “Somewhat” (27%; 13), “A little” (23%; 11), and “Not at all” (0%; 0).



Clinical Intervention Outcomes

Objective

Analyses were conducted to assess the effectiveness of UCC counseling for reducing client symptoms of distress.

Method

Client symptoms were measured by the Counseling Center Assessment of Psychological Symptoms (CCAPS), a Likert scaled instrument given at intake and each subsequent session. The CCAPS includes seven subscales that measure Depression, Generalized Anxiety, Social Anxiety, Academic Distress, Eating Concerns, Frustration/Anger, and Alcohol Use. Data were collected July 1, 2021 to April 30, 2022 ($N = 1,040$).

Measures

Paired samples t-tests were conducted to compare the effect of receiving counseling services on psychological symptoms in the prior to counseling (pre-intervention) and at termination of counseling (post-intervention) conditions

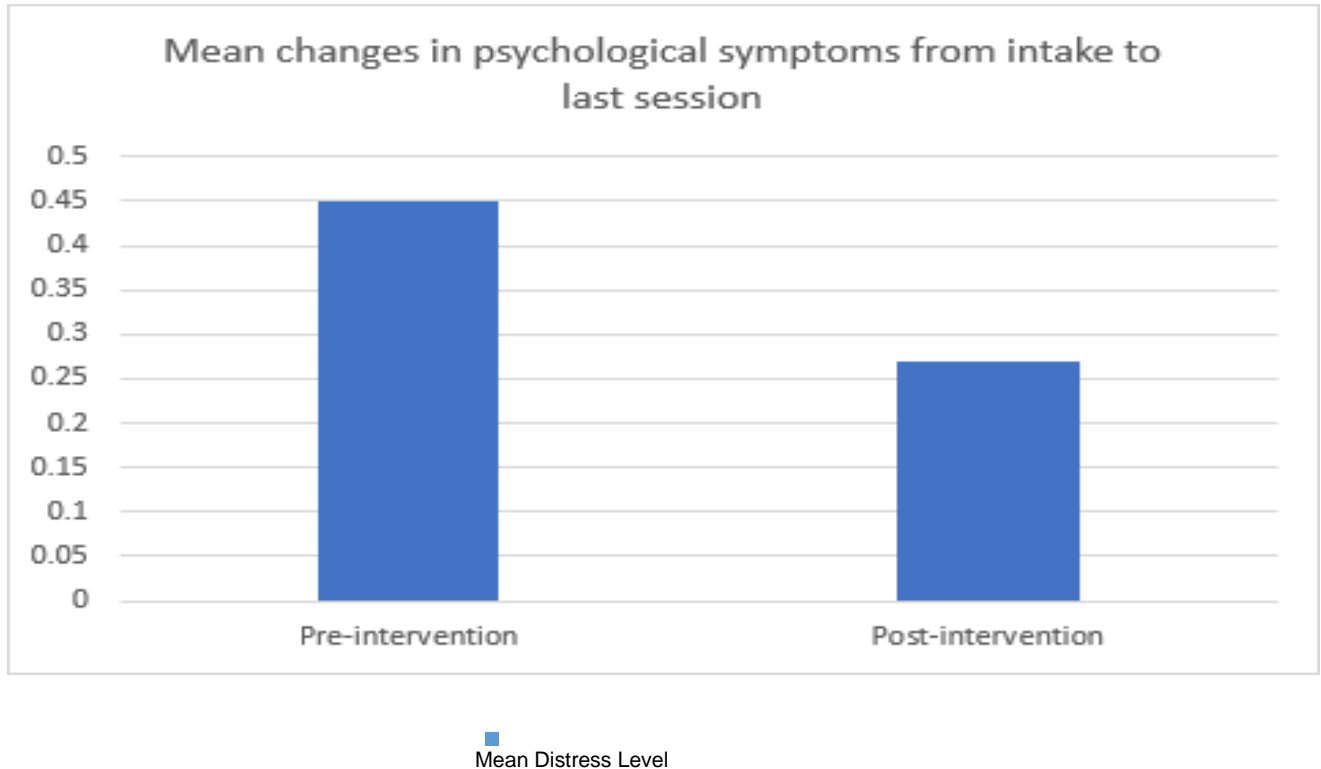
Results

There was a significant effect of receiving counseling services on psychological symptoms, specifically on measures pertaining to alcohol use and abuse.

Mean, standard deviation, and t-value for counseling

Subscale	Mean	Standard Deviation	Statistical Significance
Pre-treatment	0.45	0.72	<.001
Post treatment	0.27	0.56	

$T=7.78, p<.01$



Discussion of Goal Achievement

Grand Valley State University’s AOD Prevention Programming sought to provide education, treatment, and support to the University community. The majority of programs were conducted by the Alcohol & Other Drugs (AOD) Services office and University Counseling Center (UCC). Specific goals included expanding substance abuse education, development of a recovery community, increasing knowledge of the effects of alcohol use, and decreasing rates of alcohol symptom related distress for those seeking treatment at the UCC. Many of these goals were met. New prevention programming was offered during the academic year and virtual options were implemented to accommodate for needs during the pandemic. Regarding treatment, students seeking treatment at the UCC were found to have significantly decreased rates of substance related distress.

REVIEW OF AOD PROGRAMS

Strengths

The GVSU AOD Prevention Program has benefited from strong support by the University Counseling Center, with AOD having 1.8 FTE. The AOD team also partners regularly with Athletics, Police Department, Housing and Residence Life, the Office of

Student Conduct and Conflict Resolution, and the Dean of Students office to assess needs, provide programming, and evaluate services. Additionally, the Division of Student Affairs has created a Wellness Coordinator position to collaborate with Campus Recreation, University Counseling Center, and AOD on preventative programming. This collaboration has allowed for combined education in sexual health and alcohol safety.

Another strength of the AOD prevention program is the variety of programming available to students, faculty, and staff. Additionally, we have worked hard to build a recovery program at GVSU to support sobriety. AOD programming has been revised to ensure that programming is interactive and discusses alcohol culture for college students. The increased engagement in programming allows for facilitators to focus on education pertinent to the needs of students.

Weaknesses

The AOD prevention program is limited in the scope of services it can provide due to the lack of permanent space dedicated to program efforts (for example, Alcoholics Anonymous and Smart Recovery). Unfortunately, this limitation impacts the recovery community and visibility of AOD programming on campus.

Finally, the current AOD Prevention Program has not focused efforts on longitudinal research examining changes in substance use behaviors following an education or sanction program. Steps are being taken to increase research in this area. Studies were conducted during the 2021 – 2022 academic year. However, response volumes were low and further incentives will be explored to increase participants responses.

POLICIES AND NOTIFICATIONS

AOD Policy Review

Grand Valley State University's AOD policy and Policy Handbook are reviewed and updated annually to ensure consistency with federal, state, local, and campus regulations. The more expansive AOD Policy Handbook is available to students, faculty, staff and the public at [Alcohol and Other Drug Policy at GVSU - AOD - Alcohol & Other Drugs Services - Grand Valley State University](#)

Individuals from the following offices review, revise and approve the AOD policy:

- Alcohol and Other Drugs Services
- Gayle R Davis Center for Women and Gender Equity
- Dean of Students
- Grand Valley State University Police Department
- Human Resources
- Office of Sponsored Programs

AOD Policy Contents

Alcohol and Other Drugs Policy - PC 5.1

Policy Scope

Grand Valley State University strives to provide a healthy University community free of the abuse of alcohol or other drugs and illegal or unauthorized use of alcohol and controlled substances. This commitment to students, faculty, and staff is evidenced by the:

- Publication of standards of conduct and University policies
- Provision of alcohol and other drug abuse prevention programs
- Availability of counseling, treatment, and rehabilitation resources
- Enforcement of applicable University policies
- Enforcement of federal and state laws and local ordinances that govern alcohol and other drug use (including underage drinking, hosting, and furnishing laws)
- Promotion of an environment that supports healthy choices

The unlawful manufacture, possession, use, distribution or dispensation of illicit or prescription drugs and the unlawful possession, use, or distribution of alcohol by faculty, staff, and students on university-controlled property or as part of university activities is prohibited. This prohibition includes Marijuana as federal law bans it from university owned and controlled property and workplaces. All University employees will, as a condition of employment, abide by the terms of this policy. Faculty, staff, and students are responsible for making decisions within the context of university policies and federal, state, and local laws related to alcohol and other drugs.

The Alcohol and Other Drugs Policy Handbook ([Alcohol and Other Drug Policy at GVSU - AOD - Alcohol & Other Drugs Services - Grand Valley State University](#)) includes information about University drug and alcohol abuse prevention programs; health risks; counseling, treatment and rehabilitation resources; legal sanctions and summary of laws; University employee and student sanctions for violations of alcohol and other drug policies; employee notification obligations; requirements for Federal grant recipients; and links to additional University policies, procedures, and resources.

Policy Statement

This policy and the Alcohol and Other Drugs Policy Handbook will be electronically distributed annually to all faculty, staff, and students. The Assistant Director of the Alcohol & Other Drugs Services office will conduct the required review, no less than biennially, in even-numbered years.

Policy Distribution

Annual AOD Notification

All Grand Valley State University students, faculty, and staff are notified annually, by the end of September, of the University's AOD policy via an email written by the AOD Services Office. A follow up notification is sent in January for notification to students, faculty, and staff who may have joined the University after September.

Annual AOD Notification Contents

Greetings members of the GVSU Community!

This email provides information and links to the University's policies on alcohol and other drugs and resources for students, faculty, and staff.

The GVSU Alcohol and Other Drugs Policy is available on the University Policies website and links to the GVSU Alcohol and Other Drugs Policy Handbook. Students, faculty, and staff are responsible for making decisions about their behavior within the context of local, state, and federal law and University policies. The Handbook includes information related to standards of conduct, laws, health risks, legal consequences, University sanctions, and available resources and programs. It is important that all students, faculty, and staff familiarize themselves with the information in the policy and handbook.

For more information related to the associated health risks of alcohol, marijuana, and illicit drug use, visit www.gvsu.edu/aod/besmart and www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts.

For Students

Alcohol and drug abuse can negatively impact our health, academics, and lives. Substance abuse can also co-occur with mental health issues. To provide support, the University Counseling Center offers free and confidential counseling services to currently enrolled students. The Alcohol and Other Drugs (AOD) Services office provides consultation, education, and recovery support. Students can also find support and programming through the Dean of Students Office.

For Faculty/Staff GVSU faculty, staff, and their household members who are benefit eligible have access to mental health and substance abuse counseling services through Encompass. If it is determined that further intervention is needed, Encompass will refer the individual to a substance abuse treatment program or service.

Faculty and staff can receive up to seven sessions per separate issue for which they are seeking help. For other information about services and resources, please contact the Human Resources Office at (616) 331-2215

(<https://www.gvsu.edu/hro/benefitswellness/>).

Policy Development and Enforcement

The Alcohol and Other Drugs Policy (PC 5.1) was created by the President's Cabinet and devolves the responsibilities to the Alcohol & Other Drugs Services office. The Assistant Director of the AOD office will conduct the review, no less than biennially, in even numbered years. The policy is enforced through the GVSU Student Code ([Alcohol and Other Drugs Policy](#)) and Human Resources. GVSU Police Department and Housing and Residence Life staff enforce the policy on a regular basis. All non-confidential staff are expected to report any university policy violations to one of the following: 1) GVSU Police Department 2) Human Resources and 3) Dean of Students Office

The Grand Valley Police Department (GVPD) is partnered with the Ottawa County Sheriff's Department and they both conduct routine patrols on and around campus. GVPD has community officers that patrol only the campus and visit each building to ensure safety and security of the campus. GVPD will enforce both the GVSU policies, and the laws set by federal, state, and local governments. GVPD also has community officers that conduct routine patrols on the downtown Grand Rapids campus as well. GVPD responds to calls from Housing and Residence Life (HRL) and other offices when assistance is needed with alcohol or other drug violations. GVPD writes a report of all incidents and will forward them to the Office of Student Conduct or Human Resources and if they choose to do so, they may submit a report to the Ottawa County Prosecutors Office.

HRL staff are conducting duty rounds at a minimum of three times per night (10pm, 12am, 2am) to ensure the residence halls are functioning as safe living and learning communities. HRL staff is trained twice an academic year on policies and procedures for policy violations including alcohol and other drugs. All reports from HRL staff are filed through an electronic system and all reports are reviewed by the Residence Life Coordinator for Conduct and Care and assigned to a Living Center Director for adjudication and sanctioning.

The Office of Student Conduct will enforce the sanctions outlined below by ensuring that attendance requirements are met. If a student does not attend an assigned sanction, a hold will be placed on their student account until they make up the class and/or additional sanctioning may be given to ensure the original sanction will be completed.

Workshop Sanctions

In the event a student admits responsibility or is found responsible through the Student Code procedures for an alcohol or drug related violation, they will be assigned the following sanction based on severity of the incident:

First time (non – severe) alcohol violation

Sanction: Online Alcohol Assessment

This module is designed to increase alcohol awareness. Review the linked resources carefully. Participants must complete the assessment thoroughly and thoughtfully by the assigned deadline. Failure to do so will result in additional sanctioning. The assessment can be found at www.gvsu.edu/aod/echug

Or

Sanction: Alcohol Education Workshop

You are required to participate in one Alcohol Education Workshop offered through the Alcohol & Other Drugs Services office. You must register using the link below to complete the workshop by the listed deadline. Please contact the AOD Services Office at 616-331-2537 if you have any issues (Registering for this workshop and not attending and/or missing your deadline may result in additional action from your referral source). The availability of conveniently timed workshops cannot be guaranteed. The workshop registration can be found at www.gvsu.edu/aod/aew.

First time (severe) or second alcohol or drug violation

Sanction: Individual Education

You are required to participate in two one-hour individual meetings offered through the Alcohol & Other Drugs Services office. You must schedule and complete these meetings before the assigned deadline. To schedule your Individual Education meetings, please call 616-331-3266. (Scheduling and not attending and/or missing your deadline may result in additional action from your referral source).

First time (marijuana only) drug violation

Sanction: Online Marijuana Assessment

This module is designed to increase marijuana awareness. Review the linked resources carefully. Participants must complete the assessment thoroughly and

thoughtfully by the assigned deadline. Failure to do so will result in additional sanctioning. The assessment can be found at www.gvsu.edu/aod/etoke.

Or

Sanction: Marijuana/ Drug Educational Workshop

You are required to participate in one Marijuana Education Workshop offered through the Alcohol & Other Drugs Services office. You must register using the link below to complete the workshop by the listed deadline. Please contact the AOD Services office at 616-331-2537 if you have any issues (Registering for this workshop and not attending and/or missing your deadline may result in additional action from your referral source). The availability of conveniently timed workshops cannot be guaranteed. The workshop registration can be found at www.gvsu.edu/aod/mew.

First time (severe) drug violation

Sanction: Individual Substance Screening

You are required to have an individual consultation with a certified AOD Services team member. Based on this screening, the staff member may ask to see you a second time. You must schedule and complete this meeting before the assigned deadline. Contact the Alcohol & Other Drugs Services office at 616-331-2537 to set up your appointment by the above deadline. (Registering for this meeting and not attending and/or missing your deadline may result in additional action from your referral source).

Referrals for AOD Sanctions

The total number of referrals from the Office of Student Conduct and Conflict Resolution to the Alcohol & Other Drugs Services office for AOD conduct related incidents are as follows:

2021-2022

Alcohol Education Workshop – 43
Marijuana/Drug Educational
Workshop– 4
Individual Education - 7
Individual Substance Screening – 0
Online Alcohol Assessment – 166
Online Marijuana Assessment – 25

The AOD Services staff provide education verification forms to students when a student has completed their sanction. The students are able to share the verification forms with the referring party. If a student fails to attend their scheduled sanction, AOD Services can be reached by the student to reschedule the appointment and the AOD Services team can inform the referring party of the situation.

RECOMMENDATIONS FOR AOD PROGRAM REVISIONS

Future Reviews

An additional review will be conducted annually, and a biennial review will be submitted in the Fall semester of 2023 to assess programming outcomes from 2022-2023. The following offices contributed to the content of this document and report to the President of the University:

- *Alcohol & Other Drugs Services*
- *Athletics*
- *Campus Recreation*
- *Dean of Students*
- *Financial Aid*
- *Grand Valley State University Police Department*
- *Housing and Residence Life*
- *Human Resources*
- *Inclusion and Equity*
- *Legal, Compliance and Risk Management*
- *Records/Registration*
- *Student Life*
- *University Counseling Center*

Future goals for the next biennial review period include:

- Continued review of student learning outcomes for programming
- Consider revising student learning outcomes
- Update AOD strategic goals and integrate into biennial review
- Continue with increased involvement of student peer educators and volunteers in promoting a substance free campus
- Development of research initiatives to assess substance use changes following sanctioned workshops
- Continued partnerships with GVPD, Housing and Residence Life and Student Life to increase alcohol-free program options on campus