

# Critical Pathways

## Inside this issue:

Stepping Stones: Therapeutic Recreation at Work	2
Heal Yourself: PT Alumna Helps Others	2-3
God's Kitchen: An Effort in Compassion	3
OT/PT Application Deadline Extension	3
Students In The News	4
Faculty/Staff News	4

## Special points of interest:

- Center of Health Professions to break ground Spring 2001
- OT/PT Application Deadline Extended! See Page 3 for More Information.

## Center for Health Professions Building for Life Campaign On The Way!

Grand Valley State University's next project to add to the Grand Rapids skyline hit the ground running Monday as the university kicked off the public fund-raising campaign and announced the completion of the silent campaign and major lead gifts for the GVSU Center for Health Professions.

The center, to be funded by state and private dollars totaling \$57.1 million, will be built on the corner of Michigan and Lafayette, with completion targeted for 2003. Ground breaking is planned for next summer.

The university has announced that contributions totaling \$16 million have already been pledged, including gifts from community leaders such as Audrey Sebastian, Peter Cook, Richard M. DeVos, and Jay Van Andel. That leaves the university with a \$4 million fund-raising goal. The State has committed \$37.1 million to the project.

The laboratory and teaching facility will house GVSU's School of Health Professions, the Kirkhof School of Nursing, and pro-

grams from the Life Sciences.

"Moving the home bases of our health profes-



Center For Health Professions - Open Summer 2003

sions and health sciences programs from Allendale to Grand Rapids is the right move at the right time," said Maribeth Wardrop, vice president for Development. "Our programs have matured over 30 years to the point at which we offer our students significant practical experiences in West Michigan's health care and research communities," said GVSU President Arend D. Lubbers.

"This location, directly within Michigan 'life sciences corridor,' will be close to our region's major health care providers and research institutes."

Lubbers also noted that

opportunities for student and faculty research, and other practical experiences, are of mutual benefit to the partner institutions.

The planned five-story, 215,000-square-foot Center for Health Professions also leaves room for the university to expand its health education offerings. To date, the following programs are slated to occupy the facility: School

of Health Professions, including physical therapy; occupational therapy, physician assistant studies; therapeutic recreation; and occupational safety and health; Kirkhof School of Nursing, including the BSN and MSN programs; the registered nurse RN to BSN to MSN progression; post graduate certificates; continuing nursing education; community clinical services; and the Nursing Center for Global Health; and from Life Sciences, cell and molecular biology; and clinical lab sciences.

*"The program provides services to seniors of Kent County who are aged 60 or older who are not able to get out of their home, but can benefit from therapy for restorative purposes."*

## Stepping Stones Program Offers Therapeutic Recreation to Seniors Who Are In Need.

Stepping Stones: Continuum of Care for the Homebound Senior is a collaboration between City of Wyoming Parks and Recreation Department and the TR Program at Grand Valley State University to provide in-home recreational therapy to promote independence in leisure functioning and community reintegration.

Teresa Beck, Director of the Therapeutic Recreation Program collaborated with the conceptual development of the program as well as assisted in setting up the referral and assessment process, necessary documentation, the hiring of the Certified Therapeutic Recreation Specialist and provides clinical supervision of the therapist.

The program recently turned

one year old, in which Teresa then conducted the program evaluation to determine the client's and client's familys' satisfaction with the services received as well as to determine the client's level of independence and community reintegration after discharge from the program.

The program provides services to seniors of Kent County who are aged 60 or older who are not able to get out of their home, but can benefit from therapy for restorative purposes.

The program utilizes 3rd year Therapeutic Recreation students as volunteers to go into the seniors' home and provide the treatment activities that have been determined by the recreation therapist.

The recreation therapist is an alumnus from the TR program here at GVSU.



## Heal Yourself

The concept seems simple enough: Physical therapy patients can aid their recovery through simple exercises at home.

Shirley Kleiman, Grand Valley State University alumna, expanded that concept to a comprehensive treatment procedure applicable to nearly all patients with joint or back problems.

"I have a very strong mechanical background," said Kleiman, owner of Spine and Sport Biomechanical Rehabilitation Center, 2900 E. Beltline NE, in Grand Rapids, explaining the catalyst behind her

trademarked procedure. "I wanted to create a way for patients to self-treat themselves. Patients like direct results."

The goal behind Kleiman's Biomechanical Correctional Technique is to teach a patient how to obtain and maintain functional joint movement. She does this economically; for example, a patient with knee problems will be taught simple leg lifts using a 2-liter soda bottle as weight resistance.

Milo DeVries practiced the technique and saw immediate improvement. The 63-year-old had suffered from back problems since breaking an ankle in 1972. Repeated trips to the doctors offered little relief. Then a friend recommended Kleiman's clinic. "I'm impressed with her," DeVries said.

"[The technique] works, it works very, very well. I have exercises to cure myself when I have pain."



*Shirley Kleiman  
1986 PT Alumna*

*“Occupational therapy students assist clients in identifying their problems and needs and then use their occupational therapy skills to provide necessary services and encourage the client to advocate for the additional community services “*

## God's Kitchen, An Effort in Compassion

The occupational therapy program at GVSU has been in collaboration with God's Kitchen TLC Program for the past two years as a service learning, community-based field work site for our first and second year graduate students. The relationship with God's Kitchen was developed initially by OT faculty member Barbara Hooper through a Presidential Service Learning Scholar grant awarded by GVSU. Barbara worked extensively with Carol Greenburg, Director of God's Kitchen and Mary Kay Hoodhood, Director of the TLC Program, to develop a program serving the needs of the

clients currently receiving Meals on Wheels. A majority of the clients receiving Meals on Wheels have physical and mental impairments that require medical services, but due to income levels or lack of transportation, are unable to readily access those services in the community. For the past three semesters occupational therapy students have been assisting these clients in identifying their problems and needs and then using their occupational therapy skills to provide necessary services and encourage the client to advocate for the additional community services they require. Occupational Therapy faculty member Cathy Pinson was the

recipient of the Presidential Service Learning Scholar grant for this academic year and is expanding the God's Kitchen program by organizing multi-disciplinary teams of students to serve the TLC clients. The teams will be formed with nursing students from Calvin and Grand Rapids Community College, social work students and occupational therapy students from GVSU, and occupational therapy assistant students from Grand Rapids Community College. The multi-disciplinary teams will afford the TLC clients a more comprehensive assessment of their needs and a more coordinated response to meet those needs.

## OT / PT Programs Extend Application Deadline

To combat the nationwide downturn in trends in application numbers to Occupational Therapy and Physical Therapy programs, John Peck, Director of the Physical Therapy Program and Cynthia Grapczynski, Director of the Occupational Therapy Program, have decided to extend application deadlines for both programs.

Occupational Therapy will accept applications from prospective applicants until April 30, 2001, due to Summer admission for OT students. Physical Therapy will accept applications until August 15, 2001, due to Fall admission for PT students. Both programs state that application criteria has remained the same, as both programs are looking for

students with a 3.0 minimum in their last 60 semester hours. If interested in either program, please contact the department at (616) 895-3356.

## Heal Yourself cont. from page 2

Kleiman, 45, was graduated in 1986 with GVSU's second class of physical therapy students. Prior to beginning her physical therapy career, Kleiman was a high school teacher and gymnastics coach in Illinois. Starting a new occupation was challenging, Kleiman said. "I think when you start something new, you have a

stronger love for what you're doing," she said. "I'm grateful to Grand Valley for my education, and I certainly want to stay involved with the program."

Aside from maintaining a successful practice, Kleiman has taught physical therapy courses at GVSU and is active in local and state professional organizations.

She is a member of the American Back Society Rehabilitation Committee and is an American Physical Therapy Association Orthopedic Certified Specialist. In 2000, Kleiman was named a GVSU Distinguished Alumna.

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## Students In The News

- Two OT students, Amy Wondolkowski and Kristie Dodge, recently presented to a class of Hospitality and Tourism Management students on the topic of "Adaptation & Accessibility Issues". Both students offered techniques, shared assistive devices, and provided direct hands-on experience for the class to give them a better idea of how they as professionals can help those in need.
- Occupational Safety and Health Students are currently developing an open house for Alumni and Prospective students to be held in the winter semester.
- Students in health programs (nursing, physician assistant and physical/occupational therapy) had the opportunity to work with 25 model patients who had been trained to simulate medical cases that they may someday encounter.

## Staff News

### **John Stevenson, Associate Professor in Physical Therapy**

- Was appointed Chair of the Research Committee for the Occupational Health Special Interest Group in APTA for a three-year term beginning 2001.
- Is currently engaged in product testing research & evaluation with Active Input Solutions, a San Diego company that manufactures & markets keyboard accessories.
- Will be presenting a session with Patricia Scott, PT, President, IMPACC, titled, "What Safety Managers Should Know About Physical Therapy", to the National Safety Council Annual Meeting next fall in Atlanta.

### **Barb Hoogenboom, Assistant Professor, Physical Therapy**

Spoke recently in San Antonio Texas at the Combined Sections Meeting of the APTA. Topic: Youth Musculoskeletal Sport Injury: A regional approach. She spoke on the topic of common sports and recreation injuries in the young/adolescents.

### **Eric VanFleet, Professor and Chair, Occupational Safety and Health**

Spoke recently in Travers City. The workshop was entitled "How to avoid MIOSHA Citations" Part of an 8 hour workshop held on 1/30/01, his presentation was on "Ways to improve your safety program".

## New Staff

Occupational Safety and Health has recently hired Greg Green as an Assistant Professor and Internship Coordinator for the program. Greg has a Bachelors from San Jose State in Business, Masters from Univ. of Wisconsin Whitewater in Occupational Safety. Greg comes to us from Univ. of Wisconsin Whitewater where he was chair of the Department of Safety Studies, and internship coordinator. Previous to this he has 20 years of production and safety management experience. Currently he is finishing a Ph.D. at the Univ. of Wisconsin in Health and Safety Education.



*Greg Green*



*Chris Lewis*



*Tim Passmore*

The school has recently hired Christopher Lewis as Outreach Coordinator. Chris' main responsibilities will include recruitment, marketing, and coordination of all outreach activities for the programs under the School of Health Professions. Chris has a Bachelors from Western Michigan University in Organizational Communication and Theater Performance and a Masters from Miami University in College Student Personnel Administration. Chris comes to us from the Owosso Public Schools where he developed and managed a College & Career Center for Middle and High School Students. Previous to this he was an Admission Counselor for Miami University.

Therapeutic Recreation has recently hired Tim RJ Passmore as an Assistant Professor for the program. Tim has his Bachelor's degree in Education and Masters in Therapeutic Recreation. Tim is currently completing his Ph.D. in Applied Health & Educational Psychology from Oklahoma State University. Tim comes to us from Oklahoma State University where he was an Adjunct Therapeutic Recreation faculty member. Tim sits on numerous national committees for Therapeutic Recreation as well as acting as a consultant for various organizations around the Grand Rapids area.