



Dr. Shari Bartz-Smith
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Academic Background

2003 - Ph.D. University of Alabama and University of Alabama-Birmingham - Health Education and Health Promotion

Dissertation: An Exploration of Eating Disorder Policies at NCAA Division I Institutions

1995 - M.A. Ed University of Alabama-Birmingham - Exercise Physiology

Thesis: Strength Characteristics in Collegiate and High School Baseball Pitchers

1992 - B.S. Grand Valley State University - Major: Health Science, Emphasis: Athletic Training

Courses Taught

ATH 495: Org and Admin in Athletic Training

ATH 330: Clinical IV in Athletic Training

ATH 320: Clinical III in Athletic Training

MOV 300: Kinesiology

ATH 225: Athletic Training Emergency Care

PED 217: Modern Principles of Athletic Training Lab

PED 102: First Aid

Professional Contributions

Program Director – Athletic Training Education Program

Chair – University Assessment Committee, Grand Valley State University

Current Projects

Bartz, S., Kautzky, K, Schwab, E. & Szocynski. Effects of Stability Ball Training on Shoulder Injuries in High School Football Linemen, Planning, Scholarly.

Recent Publications

VanGelder*, L. & **Bartz, S.** (2011). The effect of acute stretching on agility performance. Journal of Strength and Conditioning Research, 25(11), 3014-3021.

Bartz, S. & Klingensmith, E. (2011). The well-being of the athletic trainer. In Michael Miller and David Berry (Ed.), Emergency Medical Care for Athletic Trainers. Clifton Park: Delmar Learning.

Bartz, S. (2009). Components of the Eating Disorder Program. In M. Brunet (Ed.), Unique Considerations for the Female Athlete. Clifton Park, NY: Delmar Learning.

Bartz, S. (2009). Development of the Eating Disorder Policy. In M. Brunet (Ed.), Unique Considerations for the Female Athlete. Clifton Park, NY: Delmar Learning.

Bartz, S. (2009). Development of the Eating Disorder Referral Program. In M. Brunet (Ed.), Unique Considerations for the Female Athlete. Clifton Park, NY: Delmar Learning.

Recent Conference Presentations

Bartz, S., Grand Rapids Public Schools Athletics Professional Development, Grand Rapids Public Schools, Grand Rapids, MI, "Risk Management - Safety Considerations for the Prevention of Injury", Academic, Local, published in proceedings, Invited. (November 8, 2011).

Bartz, S., MAHPERD Convention 2011 - "QUALITY (RE)CONSIDERED, Michigan Association for Health, Physical Education, Recreation and Dance, Dearborn, MI, "New Laws for the Athletic Trainer, New Considerations: Tips for Hiring an Athletic Trainer at your School", Academic, State, published in proceedings, Invited. (November 5, 2011).

Bartz, S., Crawley, A. A., National Girls and Women in Sports Day, GVSU Women's Center, Grand Valley State University, "Resistance Training for the Middle School Athlete", Non-Academic, Regional, published in proceedings, Invited. (October 22, 2011).

Bartz, S. (Presenter Only), Michigan Athletic Trainers Society Annual Professional Education Conference, Michigan Athletic Trainers Society, Thompsonville, MI, "Creating a Climate of Self-care for the Athletic Trainer", State, Invited. (June 11, 2011).