



2023 Ara Cary Lecture Series

How Relational Neuroscience Reframes Children's Mental Health

At a glance...

Advances in relational neuroscience has created a new paradigm for the assessment, diagnosis, and treatment of children's mental health concerns. This day-long conference will integrate key concepts from interpersonal neurobiology, polyvagal theory, and the neurosequential model of therapeutics. Attendees will leave with a new framework for conceptualizing their child client's symptoms and behaviors that will increase clinician competency and decrease burn-out.

Speaker

Robyn Gobel, MSW, has 20 years of practice as a family and child therapist, specializing in complex trauma, attachment, and adoption. Her diverse clinical training includes EMDR, Somatic Experiencing, Theraplay, Trust Based Relational Intervention®, Circle of Security Parent Educator, The Alert Program® and Yogapeutics Aerial Yoga Level I Teacher Training. Robyn consults, teaches, and trains extensively throughout the US and is the host of *The Baffling Behavior Show* podcast. Robyn's first book, *Raising Kids with Big, Baffling Behaviors: Brain-Body-Sensory Strategies that Really Work*, will be published in September 2023.



Tuesday, October 17, 2023
8:30am - 4:00pm



Grand Valley State University
L. William Seidman Center
Room 1008B
50 Front Ave SW
Grand Rapids, MI 49504

Cost
\$20 per attendee - includes CE credits

Social Work CE Credits
6.0

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.



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