

A Closer Look at Problematic Sexual Behaviors



At a glance...

This 3 hour workshop is designed to help clinicians gain a better understanding of problematic sexual behaviors, the reasons behind them, and effective treatment tools to guide clients towards recovery.

Objectives

1. Assess for problematic sexual behaviors/addiction and the root causes of behavior.
2. Help clients design an effective treatment plan for recovery from problematic behaviors.
3. Determine the impact of trauma as it relates to their behaviors.

Speaker

Liz Zylstra is a licensed social worker in the State of Michigan. Liz received her Bachelor of Social Work in 2013, Master of Social Work in 2017, and Master of Public Administration in 2017 all from Grand Valley State University. Liz has spent the last 10 years working with individuals working to recover from substance abuse, other addictions, and post-traumatic stress disorder. Liz is the current owner of Common Ground Counseling and Wellness, where she specializes in treating mood disorders, trauma treatment, and addictions/compulsive behaviors. Liz is also an adjunct professor at Grand Valley State University where she teaches Clinical Diagnosis and Treatment Planning, Social Work Practice with Individuals, and Child and Adolescent Trauma.



Friday, November 17, 2023
9:00am - 12:00pm

Cost
\$49



GVSU - Bicycle Factory
201 Front Ave SW
Grand Rapids, MI 49504

**CE
Credits**
3.0

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.



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