

# Implicit Bias for Social Workers



## At a glance...

This training will use the standards for cultural competence in social work practice, as established by NASW, as the framework for exploring implicit bias. The standards of Self-Awareness, Cross-Cultural Knowledge, Cross-Cultural Skills, Language and Communication and Leadership to Advance Cultural Competence will serve as anchors for this workshop. Self-awareness will include completing the Implicit Association Test (IAT). Cross-Cultural Knowledge and Skills will support service to diverse populations. Language and communication will be reviewed as a means of reducing barriers in accessing and in the delivery of health care/human services. Specific strategies to remedy the negative impact of bias on individual and system levels will also be identified.

## Objectives

1. Utilize psychoeducation to help clients gain a better understanding of trauma, normalize their experience/symptoms, and identify areas of non-recovery/stuck points.
2. Develop a basic understanding of CPT treatment protocol, including assessments, handouts, scripts, and homework assignments.
3. Learn to assess and challenge a client's beliefs surrounding the traumatic event.

## Speaker

**Molly I. Perez** is a LMSW who has a variety of experiences serving families in child welfare, mental health and public health systems, as both a direct provider, and as a supervisor to those in the field. For the past 18 years, she has supported families in their home and community settings. Ms. Perez has practiced in both rural and urban environments. She was a teenage mother who went on to become a foster parent. These life experiences add to her drive to support clinically skilled, compassionate social service professionals.



Friday, March 8, 2024  
9:00am - 12:00pm

**Cost**  
\$49



GVSU - Bicycle Factory  
201 Front Ave SW  
Grand Rapids, MI 49504

**CE  
Credits**  
3.0

*Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.*



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