# PHYSICAL EDUCATION — SPORT LEADERSHIP EMPHASIS

# **COACHING CONCENTRATION**

THIS IS A **GENERAL** CURRICULUM GUIDE AND IS NOT APPLICABLE TO EVERY STUDENT. IT IS IMPORTANT TO MEET WITH YOUR ADVISOR.

Sport Leadershi	p emphasis (26 credits)
<ul> <li>COM 201 – Speech         Prerequisite: None     </li> <li>MOV 101 – Foundations of Human Movement Science         Prerequisites: None     </li> <li>MOV 102 – First Aid, CPR and AED         Prerequisite: None     </li> <li>MOV 201 – Psycho-Social Aspects of Physical Education and Sport         Prerequisites: None     </li> </ul>	<ul> <li>MOV 202 – Social Cultural Dimensions of Sport         Prerequisites: None     </li> <li>PED 460 – Fieldwork in Sport Leadership         Prerequisites: MOV 102 or PED 217; PED 355 or 356; Instructor permission.     </li> <li>PED 490 – Internship in Sport Leadership         Prerequisites: PED 460, Senior status     </li> <li>         PED 495 – Administration in Sport Leadership (SWS)     </li> <li>Prerequisites: Senior status and Instructor permission         (Students should complete PED 460 before taking PED 495)     </li> </ul>
Coaching Conce	ntration (30-32 credits)
<ul> <li>BMS 105 – Basic Nutrition         Prerequisite: None     </li> <li>CAP 305 – Sports Promotion*         Prerequisites: Junior Standing         MOV 300 - Kinesiology         Prerequisite: BMS 202 or BMS 208 or BMS 250     </li> <li>MOV 310 – Motor Skill Development         Prerequisites: None     </li> </ul>	<ul> <li>PED 120-179 – Skill Development Activity Courses (2 courses) #1</li></ul>
Select TWO of the following "Team Sport" theory courses:  PED 230 Team Sports K-12 (3 credits)  PED 250 Baseball Coaching Theory (2 Credits)  -OR- PED 258 Softball Coaching Theory (2 Credits)  PED 251 Basketball Coaching Theory (2 Credits)  PED 252 Football Coaching Theory (2 Credits)  PED 255 Volleyball Coaching Theory (2 Credits)  PED 260 Soccer Coaching Theory (2 Credits)  PED 261 Rowing Coaching Theory (2 Credits)  PED 262 Ice Hockey Coaching Theory (2 Credits)	#1
Select TWO of the following "Individual Sport" theory courses:  PED 220 Individual Sports K-12 (3 Credits)  PED 253 Tennis Coaching Theory (2 Credits)  PED 254 Track & Field Coaching Theory (2 credits)  -OR- PED 263 Cross Country Coaching Theory (2 Credits)  PED 256 Wrestling Coaching Theory (2 Credits)  PED 257 Swimming/Diving Coaching Theory (2 Credits)  PED 259 Golf Coaching Theory (2 Credits)	#1
Degree: Ba	achelor of Science
<ul> <li>BMS 202 – Anatomy and Physiology         Prerequisite: None     </li> <li>MOV 304 – Introduction to Exercise Physiology         Prerequisites: BMS 202 or BMS 290 or BMS 251     </li> <li>STA 215 – Introductory Applied Statistics         Prerequisites: MTH 110     </li> </ul>	

# Declaring the Physical Education Major with the Sport Leadership Emphasis and Sport Management Concentration:

- 1. Log into myBanner from the GVSU homepage
- 2. Once logged in select "Student", "Student Records", and then, "Change Major"
- 3. Click on the "Change Major 1/Program" box
- 4. Click on the down arrow in the box next to "New Major 1/Program", from here scroll down and choose "Physical Education-BS Sport Leadership" (You cannot declare a concentration within myBanner. myPath will display both the coaching and sport management concentrations but you are only required to complete the requirements for one)
- Click "Submit" and then click "Change to New Program"

# **General Education Overlap**

General Education Categories fulfilled by the Physical Education major with a Sport Leadership Emphasis			
Life Sciences with Lab: BMS 202			
Social and Behavioral Sciences: PSY 101*			
Mathematical Sciences: STA 215			

<sup>\*</sup>PSY 101 is not required for this major, but it is a recommended general education course.

#### Sample 4-Year Plan

#### Freshman - Year 1

Semester 1		Semester 2	
MOV 102 - First Aid, CPR and AED	2	GEN ED - Philosophy and Literature	3
WRT 150 - Strategies in Writing	4	MOV 201 - Psychosocial Aspects of Phys Ed and Sport	3
PSY 101 - Introduction to Psychology	3	GEN ED - Historical Perspectives	3
MOV 101 - Foundations of PE and Sport	3	MTH 110 - Algebra	4
<sup>2</sup> ELECTIVE	3	INDIVIDUAL SPORT "SELECTIVE"	2-3
Total	15	Total	15-16

#### Sophomore - Year 2

Semester 1		Semester 2	
GEN ED - The Arts	3	STA 215 - Introductory Applied Statistics	3
MOV 202 - Soc. Cultural Dimensions of Sport	3	BMS 105 - Basic Nutrition	3
COM 201 - Speech	3	GEN ED - Physical Sciences	3
PED 218 - Officiating Seasonal Sports	2	MOV 217+218 - Modern Principles of Athletic Training (w/lab)	3
BMS 202 - Anatomy and Physiology	4	SKILL DEVELOPMENT ACTIVITY	1
		TEAM SPORT "SELECTIVE"	2-3
Total	15	Total	15-16

## Junior - Year 3

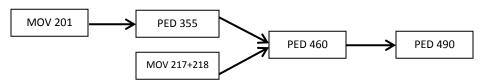
Semester 1		Semester 2	
PED 355 - Current Topics in Coaching	3	MOV 300 - Kinesiology	3
INDIVIDUAL SPORT "SELECTIVE"	2-3	MOV 310 - Motor Skill Development	3
MOV 304 – Introduction to Exercise Physiology	3	GEN ED - U.S. Diversity	3
SKILL DEVELOPMENT ACTIVITY	1	TEAM SPORT "SELECTIVE"	2-3
GEN ED (Theme- SWS)	3	<sup>2</sup> ELECTIVE	4
<sup>2</sup> ELECTIVE	3		
Total	15-16	Total	15-16

## Senior – Year 4

Semester 1		Semester 2	
PED 460 - Fieldwork in Sport Leadership	3	PED 495 - Admin. in Sport Leadership (Capstone) SWS	3
CAP 305 Sports Promotion (also as theme)	3	PED 490 - Internship in Sport Leadership	6
GEN ED - World Perspectives	3	<sup>2</sup> ELECTIVE	6
SOCIAL SCIENCE COURSE #2	3		
<sup>2</sup> ELECTIVE	3		
Total	15	Total	15

<sup>\*</sup> The block tuition rate is for 12-15 credits. You will pay additional tuition for any credits over 15.

# Prerequisite Sequence for this concentration:



<sup>&</sup>lt;sup>1</sup> Students must complete two courses with an SWS attribute

<sup>&</sup>lt;sup>2</sup> ELECTIVE refers to courses that help earn credits toward the 120 credits required for graduation.