

November 2015

Grand Valley State University Public Health

What's happening in Public Health?



Local News

- [A year after land swap, GVSU eyes \\$30M state funding for health building](#)
- [Expansion of health sciences education to address talent needs in West Michigan](#)
- [Van Andel Institute event focuses on depression research, treatment](#)

State News

- [EPA to audit Michigan drinking water program following Flint lead crisis](#)
- [New state cancer plan unveiled at Michigan Cancer Consortium annual meeting](#)
- [MDHHS urges residents to protect against carbon monoxide poisoning as Winter nears](#)
- [8 tools and tips for Michiganders navigating the "Obamacare" exchange](#)

National News

- [APHA closing session: "Stop asking for a seat at the table... we belong at the head of the table"](#)
- [Cause for celebration: World Health Organization declares Sierra Leone's Ebola outbreak is over](#)
- [Binge watching TV linked to higher rates of depression and anxiety](#)
- [Teens substance use is risky even with parents' knowledge](#)

November is American Diabetes Month

Diabetes is a disease in which blood glucose levels are above normal.

It can cause serious health complications including heart disease, blindness, and kidney failure.

29.1 million Americans have diabetes; 1 out of 11 people.

Moderate weight loss and exercise can prevent or delay type-2 diabetes among adults.



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