



# GRAND VALLEY TRI-A-TRI *INDOOR TRIATHLON*

## ***HOSTED BY THE GVSU TRIATHLON CLUB***

The GVSU Triathlon Club would like to invite you to participate in the 1st annual Grand Valley Tri-a-Tri indoor triathlon! This race is perfect for athletes of all abilities, whether you are a veteran triathlete or want to try your first triathlon without spending all your money on a new bike. All proceeds from the race go to helping the GVSU Triathlon Club raise money for Collegiate Nationals & the upcoming season in the collegiate circuit.

10 minute	20 minute	15 minute
<b>SWIM</b>	<b>BIKE</b>	<b>RUN</b>

*You will be scored on distance covered in each event. A volunteer will track your distance throughout. Awards will go to the top 3 male & female finishers.*

**\$30 Registration**

**7:15 AM CHECK-IN AT  
GVSU FIELDHOUSE POOL**

**RAFFLE PRIZES**

*Register and find more info by searching "Grand Valley Tri-a-Tri" at [www.active.com](http://www.active.com)  
Questions? email Kyle at [esperk@mail.gvsu.edu](mailto:esperk@mail.gvsu.edu)*



**March 30, 2014**  
**REGISTER ON ACTIVE.COM**