SKILLS GAINED FROM INTERNATIONAL EDUCATION

You are well on your way to developing a solid International I.Q. This is a package of skills uniquely possessed by people who have lived and studied abroad. Several of these abilities are purposely sought out by employers. Therefore, before writing a resume, it’s essential to review what competencies/skills you have gained from your experience studying in the US. Below is a short list of skills to consider.

Coping skills (the ability to deal with stressful situations)

Broad and strategic thinking

Communication skills (including active listening and overcoming language barriers)

Intercultural competencies

Global mindedness, appreciation of diversity, cultural awareness, and sensitivity to customs and cultural differences

Flexibility and adaptability

Tolerance/open-mindedness

Motivation and initiative

Adaptability in new environments

Organization and time management skills

Respect for protocol and hierarchy

Ability to identify, set, and achieve goals

Problem-solving and crisis-management

Ability to view situations/problems from a unique perspective

Patience and perseverance

Independence, self-reliance, and responsibility

Leadership skills

Inquisitiveness and assertiveness

General travel and navigational skills

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