

UNIVERSIDAD DE LAS  
AMÉRICAS PUEBLA

# UDLAP

[Exchange and Visiting Students]





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## UDLAP at the forefront of international education

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# WELCOME TO UDLAP!



**The Universidad de las Américas Puebla (UDLAP) is one of the most prestigious universities in Mexico with unquestionable international recognition. As a space in which different cultural contexts merge, UDLAP provides students a rich framework for free thinking and the best resources available, so that students can successfully develop their professional aptitudes in their area of interest.**



## **UDLAP AT A GLANCE:**

- Excellence and prestige
- More than 70 academic programs
- Internationally accredited degrees
- Diverse student community
- International students from more than 30 countries
- On-campus housing
- Ideal location, close to archeological sites and a metropolitan city
- Great variety of cultural and sport activities

## **UDLAP MISSION**

“To educate well informed, critical, creative and innovative professionals that are also highly skilled in technology, but above all, aware of their great social responsibility to ensure a fair distribution of the benefits of globalization”

## **UDLAP VISION**

“To be recognized worldwide as the leading institution in academic, scientific, cultural and public policy proposals that respond to the challenges presented by globalization”



# LOCATION



UDLAP is located in the heart of Mexico, in one of the most historic cities of Latin America: Cholula. A city of about 80,000 inhabitants, this 2500 year old sacred city is famous because it houses the great pyramid of Cholula, considered to be the largest man-made pyramid by volume in the world. This historic city, which combines the modern and traditional aspects of Mexico, attracts tourists from all over the world year-round. Cholula is within the metropolitan area of Puebla's capital city, which allows all the conveniences of one of Mexico's largest cities to be within our student's reach. The city of Puebla is located in central Mexico, just east of Mexico City. It was declared a World Heritage Site in 1997 by UNESCO due to its vast historic wealth. It is surrounded by beautiful countryside, volcanoes, impressive monuments and offers a wide variety of public services.



Alberto Castro Leñero  
De la serie *Continentes*  
1999, Talavera  
UDLAP Art Collection

# PROGRAMS AND EXCHANGE AGREEMENTS



The UDLAP International Office has various programs for international students interested in complementing their university studies academically, through internships, community service, or research. The International Office has approximately 250 active exchange agreements for undergraduate and graduate students in all five continents. Our partner universities are prestigious institutions who promote their student's academic development abroad.

## **ACADEMIC EXCHANGE**

Regular Exchange students are those who study at UDLAP for one or two semesters in order to gain academic credit at their university of origin.

## **DUAL DEGREE PROGRAMS**

UDLAP also has undergraduate and graduate dual degree programs in several disciplines. Dual Degree students are those who study two years in their home university and two years abroad at UDLAP, including a semester-long internship, with the objective to get a diploma from their home university as well as one from UDLAP.

## **VISITING STUDENTS (FEE PAYING)**

UDLAP opens its doors to students who come from a high school or university with which UDLAP does not have an established exchange agreement. These students are considered Visiting Students who can temporarily enroll at UDLAP paying an admission fee and tuition deposit.



# ADMISSION DOCUMENTS



There are three basic documents any student interested in studying at UDLAP must turn in:

- Admission Form
- Official Transcript
- Passport copy

In order to download the admission form and follow complete instructions to enroll at UDLAP, please visit our website:

[www.udlap.mx/internacional](http://www.udlap.mx/internacional)

There you will find valuable information about deadlines, supporting documents, life at UDLAP, and other helpful tips.

## APPLICATION DEADLINE

To take part in a bilateral exchange, dual degree or simply to study at UDLAP as a visiting student, the required documents must be sent to the UDLAP International Office before the following dates:

Semester	Deadline
Spring (January-May)	October <sup>1st</sup>
Fall (August-December)	April <sup>1st</sup>
Academic year (August-May)	April <sup>1st</sup>



# UNIT SYSTEM



During every semester of studies at UDLAP, regular or dual exchange students may take up to the maximum number of units established in the exchange agreement. Students who wish to take more units must pay for them separately. Visiting students must take a minimum of 18 units.

For undergraduate students, most of the courses are 6 UDLAP units each, which is equivalent to 48 lecture hours throughout the 16 week semester.

One 6 unit course at UDLAP is equivalent to 3 USA credits or 6 ECTS units.

## CLASSES AT UDLAP

UDLAP seeks academic excellence in all graduate programs as well as the highest quality in projects led by UDLAP professors and researchers. UDLAP strives to provide the best level of education, most comprehensive development of all students, as well as maintain a multicultural environment based on mutual respect and understanding.

UDLAP academic programs are accredited by the Federation of Private Mexican Institutions of Higher Education (FIMPES) as well as the prestigious Commission on Colleges of the Southern Association of Colleges and Schools (SACS) which classifies UDLAP as a level VI institution, the highest level awarded by this body and which certifies that UDLAP's undergraduate as well as graduate programs fulfill the highest standards of international quality in education.

Students are responsible for choosing their courses prior to their arrival in Mexico. It is important that students are informed about the minimum number of courses or instruction hours they are required to fulfill by their home university in order to ensure their credits will be transferred after their studies at UDLAP.

The course catalogue is available one month prior to the beginning of classes each semester and can be found at: [www.udlap.mx/inscripciones/cursos.aspx](http://www.udlap.mx/inscripciones/cursos.aspx)

At UDLAP, international students can take courses in order to better their Spanish, academic content courses taught in English or even regular academic courses taught in Spanish.





# ADDITIONAL PROGRAMS AND SERVICES

## **INTERNSHIPS AND COMMUNITY SERVICE**

The main objective of internships and community service is to enhance students' academic experience at UDLAP. The International Office provides students the opportunity to deepen their knowledge in their area of interest through these programs.

Internship and community service programs give students the opportunity to gain academic credit for their participation in either of these programs. However, it is at the home university's discretion whether or not the internship or community service is given credit for, once the students transfer credits after their stay at UDLAP.

For more information about these programs:

[www.udlap.mx/internacional/](http://www.udlap.mx/internacional/)



## **MIGRATORY SERVICES** **FM-3 Student Visa**

Every student intending to study in Mexico for more than 180 days (1 semester), must get a student visa prior to his/her arrival in Mexico, or enter Mexico as a tourist and change his/her migratory status at the National Immigration Institute upon arrival, in order to sign up for classes at UDLAP.

There are many countries whose citizens do not need a visa to enter Mexico as a tourist, please check if your country is one of them at the following web site:

[www.inm.gob.mx](http://www.inm.gob.mx)

## **FMM Form (tourist status)**

If you study for up to one semester at UDLAP and you will stay in Mexico for less than 180 days, you will only need the Forma Migratoria Múltiple [FMM] which is given to you during your flight. Every international student must hand in the original as well as a copy of your passport and FMM (both sides) to the migratory services coordinator of the UDLAP International Office during orientation week, this is to make sure you will not have any migratory problems while in Mexico.

For more information, please email:

[intercambio@udlap.mx](mailto:intercambio@udlap.mx)



# STUDENT HOUSING



## RESIDENTIAL COLLEGES

International students have the option of choosing housing in one of our on-campus dormitories, which have either double or single occupancy rooms available, bathrooms, laundry facilities, as well as shared spaces such as a living room and kitchen. There is free Wi-Fi as well as 24 hour security.

During the admission process, international students will receive a housing application as well as application instructions for room reservation prior to their arrival at UDLAP.

Please visit UDLAP's website for further information about our on-campus housing options:

[www.udlap.mx/internas/alojamiento.aspx](http://www.udlap.mx/internas/alojamiento.aspx)



## OFF-CAMPUS HOUSING

International students also have the option to seek off-campus housing. For these students we suggest booking a hotel prior to their arrival in Mexico in order to have time to look for a house or an apartment to rent on their own since UDLAP does not deal with off campus housing.

Interested students are encouraged to contact current international students at UDLAP through our social media sites such as Facebook and Twitter in order to get first-hand information about places to live close to campus.

UDLAP is not liable for any problems arising from off-campus housing rental, all information found on our social media sites is purely for information purposes.





# UDLAP CAMPUS SERVICES



## Wi-Fi

There are more than 100 Wi-Fi access points throughout the UDLAP campus. Students can take advantage of wireless internet in classrooms, libraries, the student center, gardens, dormitories as well as in administrative offices.

## COMPUTER LABS

Students have access to more than 1,000 computers in the many computer labs located throughout campus.



## MEDICAL SERVICES

UDLAP has its own modern primary care health clinic. The medical staff includes doctors trained in traumatology, orthopedics, cardiology and internal medicine, as well as general practitioners and trained nurses. UDLAP has one of the best paramedic and ambulance services in Puebla.

## FOOD SERVICES

The Food Services Department offers the highest quality services and attention, as well as a variety of well-balanced meals at competitive prices. UDLAP has one dining hall and three cafeterias throughout campus.

## SPORTS

UDLAP has several facilities and fields for american football, soccer, track and field, basketball, tennis, softball, baseball, swimming, volleyball, rugby, taekwondo, and many more. More than 60% of the student community takes part in our various sport programs: team sports, recreational sports, intramural tournaments, sports clinics, etc.





# ADDITIONAL INFORMATION



## HOW TO GET TO UDLAP

The 2 closest international airports to UDLAP are the following:

- Mexico City International Airport "Benito Juárez" located approximately 2 hours from Puebla via shuttle bus.
- Puebla International Airport "Hermanos Serdan" approximately 40 minutes from Cholula via taxi.

## How to get to UDLAP from Mexico City

The Amigos Internacionales group is made up of UDLAP students who help international students integrate into life at UDLAP, as well as adapt to the customs and activities in Mexico. This group will be receiving all students at the International Arrivals exit of the Mexico City International Airport "Benito Juárez" during the first day of Orientation Week to guide them to UDLAP.

In case a student would like to arrive prior to orientation week at UDLAP, the international exchange coordinator at the UDLAP International Office will send specific instructions via e-mail.

## IMPORTANT LINKS

UDLAP Home Page

[www.udlap.mx](http://www.udlap.mx)

Academic Exchange and Dual Degree Programs

[www.udlap.mx/internacional/exchangestudents/](http://www.udlap.mx/internacional/exchangestudents/)

Visiting Students

[www.udlap.mx/internacional/visitingstudents/](http://www.udlap.mx/internacional/visitingstudents/)

International Student Guidebook

[www.udlap.mx/internacional/descargas/InternationalStudentGuidebook.pdf](http://www.udlap.mx/internacional/descargas/InternationalStudentGuidebook.pdf)

UDLAP Course Catalogue

[www.udlap.mx/inscripciones/cursos.aspx](http://www.udlap.mx/inscripciones/cursos.aspx)



# ACADEMIC OFFERING

## UDLAP®

## YOUR PLANS ARE ALSO OUR PLANS CURRICULAR REVOLUTION NEW MAJORS



### OUR ACADEMIC OFFERING

#### SCHOOL OF ARTS AND HUMANITIES- EDAH

· Interior Architecture · Architecture · Fine Arts · Dance · Visual Information Design · **Art History and Curatorship**  
· **Humanities and Cultural Studies** · Languages · Literature · Music · Theater

#### SCHOOL OF SOCIAL SCIENCES – EDCS

· **Digital Animation** · Cultural Anthropology · Archeology · Political Science · **Communications and Public Image**  
· **Communications and Media Production** · Law · Educational Innovations · **Clinical Psychology** · **Organizational Psychology (New)**  
· International Relations · Multicultural Relations

#### SCHOOL OF SCIENCES – EDCN

· Actuarial Science · Biology · Clinical Biochemistry · Nutritional Sciences · Pharmaceutical Sciences · Nursing · Physics  
· Mathematics and Economics · Medical Surgeon · Nanotechnology and Molecular Engineering · Chemistry

#### SCHOOL OF BUSINESS AND ECONOMICS – EDNE

· Business Administration · Hotels and Restaurants Administration · International Business Administration  
· **Information Technology Administration** · Culinary Arts · Banking and Investments · Economics  
· **Financial Strategies and Public Accounting** · Marketing

#### SCHOOL OF ENGINEERING – EDEI

· **Environmental Engineering** · **Biomedical Engineering** · Civil Engineering · Food Engineering  
· **Logistics Engineering** · Computer Systems Engineering · Industrial Engineering · Mechanical Engineering  
· Mechatronics Engineering · Chemical Engineering · Electronics Engineering

### NEW MAJORS

Proyecto  
tu vida

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## [ TRANSFORM WITH IDEAS ] EXCHANGE PROGRAMS