

Bachelor of Science (B.S.)  
**Recreational Therapy**  
**B.S. and M.S. Combined Degree Program<sup>1</sup>**

2023 – 2024  
Catalog Year

1st Year		
Fall	Winter	Spring/Summer
AHS 110 Introduction to Health Care 3	<sup>4</sup> BIO 120 General Biology I <sup>1</sup> GE Life Science 4	As Needed
<sup>2</sup> CHM 109 Introductory Chemistry GE Physical Science 4	PSY 101 Introductory Psychology GE Soc & Behav. Science 3	
<sup>3</sup> MTH 110 Algebra Prerequisite for STA 215 4	<sup>5</sup> WRT 150 Strategies in Writing GE WRT 4 or WRT 120 and WRT 130 <sup>2</sup>	
General Education Course GE Art 3	General Education Course Philosophy & Literature 3	
<b>Total 14</b>	<b>Total 14</b>	
2nd Year		
<i>Submit B.S. program application by February 15<sup>th</sup></i>		
Fall	Winter	Spring/Summer
AHS 100 Medical Terminology 3	BMS 251 Anatomy & Physiology II 4	As Needed
BMS 250 Anatomy & Physiology I 4	PSY 303 Psychopathology 3	
PSY 364 Life Span Developmental Psychology 3	STA 215 Introductory Applied Statistics GE Math 3	
General Education Course Historical Analysis 3	General Education Course U.S. Diversity 3	
General Education Course Social & Behavioral Sciences 3	General Education Course Global Perspectives 3	
<b>Total 16</b>	<b>Total 16</b>	
3rd Year		
<i>Submit M.S. combined degree application</i>		
Fall	Winter	Spring/Summer
RTX 300 Foundations for Rec. Therapy SWS 3	RTX 306 Comprehensive Rec. Therapy Prog. 3	RTX 390 Fieldwork (3 Credits)
RTX 302 Leisure, Health, and Wellness Issues 3	RTX 308 Leadership for Recreational Therapy 3	
RTX 304 Diagnostic Groups in Rec. Therapy 3	RTX 310 Interventions in Recreational Therapy 3	
RTX 389 Recreational Therapy Placement Prep. 1	*RTX 313 Rec. Therapy for Physical Disability 3	
PSY 325 Educational Psy. or PSY 365 Cognition 3	*RTX 316 Rec. Therapy with the Older Adults 3	
Elective 3		
<b>Total 16</b>	<b>Total 15</b>	
4th Year		
Fall	Winter	Spring/Summer
MOV 300 Kinesiology 3	MOV 304 Introduction to Exercise Physiology 3	RTX 490 Internship (6 Credits)
<b>RTX 504 Trends &amp; Issues in Rec. Therapy<sup>3</sup></b> 3	*RTX 317 Recreational Therapy for Pediatrics 3	
RTX 407 Assess. & Documentation in Rec. Therapy 3	<b>RTX 505 Management for Rec. Therapy<sup>3</sup></b> 3	
*RTX 315 Recreational Therapy for Mental Health 3	<b>RTX 510 Research &amp; Eval in Rec. Therapy<sup>3</sup></b> 3	
General Education Course Issues 3	General Education Course SWS 3	
<b>Total 15</b>	<b>Total 15</b>	

**Curriculum Notes**

<sup>1</sup> Students must apply and be admitted to the Recreational Therapy program to begin "RTX" designated courses. See application information on reverse side.

<sup>2</sup> An alternative physical science course may be substituted with approval of your academic advisor

<sup>3</sup> MTH 108 and MTH 109 may be taken in place of MTH 110

<sup>4</sup> BIO 120 is not required for the RTX program and is listed only as a prerequisite to BMS 250.

<sup>5</sup> Students may choose the writing "Stretch" sequence of WRT 120 and WRT 130 or WRT 150.

\* Courses marked with an asterisk are RTX electives. Students are required to take a minimum of two RTX electives.

First Aid/CPR certification (MOV 102) must be current before registering for RTX 390 & 490. Water Safety Instruction (W.S.I.) certification is often an internship requirement in a clinical rehabilitation setting. Students interested in physical rehabilitation/aquatics should consider this certification by taking PED 215 at GVSU.

**Special Notes:**

- This is a suggested curriculum guide and might not be applicable to every student.
- Courses that include 'GE' are required classes that are in the major **AND** fulfill a General Education requirement.
- Two (2) Supplemental Writing Skills (SWS) courses are required.

Student must have a **minimum of 120 credits** to graduate with **58 of the 120 credits** being from a senior level institution and the **final 30 of the 120 credits** completed at GVSU.

## Recreational Therapy Combined Degree Application Process

**1. Recreational Therapy B.S. Program Application:** This application is due **February 15<sup>th</sup>** prior to fall start of the undergraduate Recreational Therapy coursework. See curriculum guide on reverse side.

### Phase I

The following application prerequisites should be met or in progress at the time of application.

- Overall GPA of 2.7 or above
- PSY 101 Introductory Psychology
- CHM 109 Introductory Chemistry (or other approved physical science substitution)

### Phase II

The application consists of the following components, all of which must be completed and submitted by **February 15<sup>th</sup>**, prior to the intended fall entry. Applications and supplemental forms are available online at [www.gvsu.edu/rectx](http://www.gvsu.edu/rectx)

- ✓ GVSU Undergraduate Application (only required for students who are not currently a GVSU student)
- ✓ Recreational Therapy B.S. Program Application (submitted online)
- ✓ Essay on why you have selected Recreational Therapy as a major. Be sure to include your leadership experience and work with individuals who have disabilities.
- ✓ Statement of Professional Goals (Identifying future goals in Recreational Therapy)
- ✓ Fifty (50) hours of volunteer or paid work in a therapeutic setting. Twenty (20) hours must be under the supervision of a Certified Therapeutic Recreation Specialist (CTRS)
  - Document using "Verification of Paid/Volunteer Work History" form (on website)
- ✓ Official and updated transcripts from all Non-GVSU colleges/universities sent directly to GVSU Admissions
- ✓ Two (2) Recommendations on program specific forms from Recreational Therapist specialists, related health care, or other recreation professionals with whom the applicant has completed volunteer or paid work hours.

### Phase III

Upon completion of Phases I and II, applicants will be notified of provisional admission into the program and will be asked to set up an advising appointment with a member of the Recreational Therapy faculty. Upon successful completion of RTX 300, RTX 302, RTX 304 & RTX 389 and an 80% competency/B- in each course, they will be granted full admission into the Recreational Therapy program.

**2. Recreational Therapy M.S. Combined Degree Application:** This application is due during the first year of the undergraduate Recreational Therapy coursework. See curriculum guide on reverse side.

### Application requirements include:

- Demonstrate the potential to succeed in the combined program based on a cumulative GPA of 3.2 or higher.
- Earn a grade of C or higher (or CR or X) in each undergraduate non-recreational therapy course attempted.
- Earn a B- or higher in recreational therapy courses.
- Provide a letter of intent to pursue the combined degree.
- Have the recommendation of GVSU Recreational Therapy faculty members based on course performance.

Students interested in learning more about the Recreational Therapy Combined degree program are encouraged to meet with an academic advisor in the College of Health Professions early in their academic career.