

# GRAND VALLEY STATE UNIVERSITY REPLENISH

Food Justice/ Awareness Advocacy/ Service Food Action/ Social Justice

## LOCATIONS:

- Allendale Campus: Kirkhof 0073
- Cook-DeVos Center for Health Sciences CHS 343
- Devos Campus First floor entrance: Steelcase Library

## A Resource....

Students are welcome to access Replenish two times a month. To participate, simply fill out the intake form and present a current student ID. Replenish can be accessed Monday through Friday.

## .... And a Service Opportunity!

Students can also host donation driver for food and financial contributions to help Replenish and sustain this resource. For more information on how you and/or your organization can get involved, contact our Allendale location at (616)-331-STOR (7867)

## Replenish & Restore Students Foe Academic Success

The Gayle R. Davis Center for Women and Gender Equity (CWGE) hosts Replenish, a student food and necessities resource, in order to meet short-term challenges that students face when it comes to accessing food and other essential items. Obtaining adequate food and personal care items is often a major component of financial stress. Research has even shown that inadequate nutrition decreases academic performance.

## Donations

Replenish is self-sustained by GVSU campus community through donations. Food and other items my be dropped off at Replenish or Gayle R. Davis Center for Women and Gender Equity during business hours. Checks can be made payable to CWGE with "Replenish" in the memo line Donations are tax-deductible and a receipt will be issued by University Development.

Perishable items are accepted.

## General Donations May Include:

- Soup
- Vegetables
- Rice
- Beans/legumes

- Fruit
- Tuna fish or chicken
- Cookie/ muffin mixes
- School supplies
- Paper products
- Cereal
- Granola bars
- Microwave popcorn
- Pasta
- Pads/tampons
- Laundry detergent
- Personal care items
- Peanut butter and jelly
- Various Condiments
- Juice
- Water
- Grocery store gift cards
- Campus dining gift cards
- Meats
- Oatmeal
- Baby items
- Clothing