

Understanding the Impact of Neurodevelopmental Trauma Through an Infant Mental Health Lens



At a glance...

This training will give an in-depth introduction to neurodevelopmental trauma and its impact on infants and young children including impacts on the developing brain, behaviors, and attachment. We will also explore what infant mental health is and the role it plays in working with families. This training will include discussion around how to work with dyads and assessing safety and readiness for relational work.

Objectives

Participants will be able to identify at least 3 risk factors for neurodevelopmental trauma

Participants will be able to identify at least 2 ways in which neurodevelopmental trauma impacts a developing brain

Participants will be able to identify key signs of each attachment style

Participants will be able to identify 2 principles of infant mental health

Participants will be able to identify at least one sign that a dyad is not yet safe to do attachment work

Participants will be able to identify at least 3 strategies for scaffolding parent-child interactions



Speakers

Ariana Berrios has over 10 years of experience providing therapeutic services to children, primarily infants and children ages 0-6, focusing on strong caregiver relationships. She specializes in foster care, adoption, and attachment disruptions, with expertise in Infant Mental Health and trauma-informed parenting.

Julie McGowan is a Clinical Social Worker at HRA Psychological Services in Grand Rapids, with a bachelor's in psychology and a master's in social work. Endorsed as an Infant Mental Health Specialist, she has over a decade of experience with attachment and trauma in young children. Julie also trains parents and professionals and has been a licensed foster parent for 10 years, bringing her expertise into her home. She is passionate about supporting children, families, and professionals.



Wednesday, October 9, 2024
9:00am - 4:00pm

www.gvsu.edu/swce



DeVos Center for Interprofessional Health
333 Michigan St NE
Grand Rapids, MI 49503

Cost : \$30

CE Credits: 6.0

Course Level:
Beginner