

## Storymaking, Improv, and Visual Image Making

### At a glance...

Working with paintings in the GRAM museum exhibitions, we will generate fairy tales from paintings, and do some improvisational imagining with the characters in the art. Following this we will move to the GRAM art studio and create individually, collectively, and playfully, with the ideas we have generated, bringing it all together with a group discussion of therapeutic applications. No art background or experience required.



Friday, January 10, 2025  
9:00am - 12:00pm



Grand Rapids Art Museum  
101 Monroe Center St NW  
Grand Rapids, MI 49503



Register Now  
[www.gvsu.edu/swce](http://www.gvsu.edu/swce)

### Speakers

**Jill Eggers** is an artist and art educator with a BFA from Western Michigan University and an MFA from Yale University. She led the Painting program at Grand Valley State University for 24 years and previously taught at Wichita State University. She has also taught in Chicago and England public schools. Recently, her teaching has integrated arts and meditation to enhance learning and well-being in healthcare and other fields. She developed a course for pre-med students at Harvard University to improve diagnostic skills and patient-caregiver communication. Jill has a Buddhist teaching practice and a painting studio in Grand Rapids, with her work displayed nationally and in private and public collections. Personal work: <https://jilleggers.com/> Buddhist teaching: <https://www.dharmastudio.org/>



**Steven Edelman** is an LPC, expressive arts therapist, community arts teacher, visual artist, and writer in Grand Rapids, MI. Originally from Nebraska and Wyoming, he moved to West Michigan in 2011. He holds Master's degrees in Comparative Religion (Temple University, 2010) and Clinical Mental Health Counseling with a Specialization in Expressive Arts Therapy (Lesley University, 2019). He works as a therapist with Thrive Wellness Collaborative and as a teaching artist for Artists Creating Together. His focus is on Archetypal Psychology's view of the Psyche as a polymorphic structure with dramatic/aesthetic motivations. In his free time, he enjoys collaging, daydreaming, and a healthy obsession with fairy tales.



### Objectives

#### Participants will develop:

- A working understanding of Archetypal Psychology's role within art therapy
- Some foundational skills in identifying and utilizing aspects of the unconscious within artmaking personally and therapeutically
- Increased confidence and comfort with the use of art within a therapeutic setting

Cost  
\$59

Course Level:  
Beginner

CE Credits  
3.0

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.