

SUPPORTING CLIENTS WITH FAMILY OF ORIGIN TRAUMA

This workshop focuses on working with survivors of family trauma. This session will equip participants with an understanding of the dysfunctional and abusive characteristics of traumatic family systems, as well as their complex dynamics. Attendees will also explore many of the long-term emotional and psychological impacts of childhood family trauma experienced by survivors. An exploration of some coping strategies that practitioners can implement to support clients in their journey toward healing and moving forward will also be discussed, as well as resources for support.

OBJECTIVES:

- Understand many of the Characteristics of traumatic family systems
- Recognize the Long-term Emotional and Psychological Impacts of Childhood Family Trauma
- Identify and Implement Effective Coping Strategies for Helping clients begin the process of moving forward and healing



KAYTEE GILLIS,
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Kaytee Gillis is a psychotherapist, author, and educator with a passion for working with LGBTQ survivors of family and relationship trauma. Shae has extensive experience working with the survivors of IPV, and provides training on how to recognize IPV and how to support survivors. She has published 4 books, including two on the topic of childhood family of origin trauma.

Date: Friday, May 9, 2025

Time: 9am - 12pm

Location: Online via Zoom

Cost: \$59

CE Credits: 3.0

Course Level: Beginner