

HEALING THROUGH PLAY

Healing Through Play is a hands-on training that provides research around the impact play has on the brain. During this training, we will explore hypo and hyper play, and look at play through the brain stem, midbrain, limbic and cortex. Through THE PLAYGROUNDgr, we use hands on tools to support ongoing use of play, through a therapeutic lens. Strategies learned offer support in all community spaces including: community centers, schools, therapeutic spaces and homes. Members of the community who have expressed a benefit to attending and participating include: direct care staff, teachers, foster care workers, therapists, social workers, recreational therapists, youth support staff, foster parents and many more.

OBJECTIVES:

- Identify four ways that the brain is stimulated by play.
- Understand types of play that support brain development and healing.
- Identify five hands on strategies to take back to our community.
- Explore 5 tools to support brain development and healing.
- Explore bibliotherapy and the use of a children's book to support play therapy strategies.
- Understand midbrain and limbic based play, in support of body regulation.



JACQUELINE SCHERER,
LMSW, RPT™

Jacqueline Scherer, LMSW, RPT™ is with over twenty-three years of experience working with children, youth and families. She has demonstrated her commitment to promoting healing through play, both in her home and community. She has also contributed significantly to the field by piloting a traumatic grief curriculum for children, advocating for educational rights, and serving as a crisis clinician for children in Kent County. Jacqueline's dedication extends beyond direct practice as she actively engages in teaching and speaking engagements, sharing her expertise in grief, trauma, and play with clinicians, teachers, and community members. She has recently started a podcast; THE PLAYGROUNDgr, further amplifying her mission by inviting local experts to share their insights on healing through play.

Date: Wednesday, February 5, 2025

Time: 9am - 3:45pm

Location: Grand Rapids -

L. William Seidman Center Room 1008B

Cost: \$50

CE Credits: 6.0

Course Level: Beginner

Grand Valley State University school of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2963 to award Michigan social work continuing education contact hours