

# THE MEADOWS

## GOLF COURSE & GRILL



### GRILL EXPRESS

#### CHICKEN

##### BONE-IN WINGS

All-White Meat Chicken tossed  
with your choice of Sauce (4 oz)  
Served with Ranch or  
Blue Cheese Dressing (2 oz)

**6 Count** \$10.69 670 Cal

**12 Count** \$18.29 1340 Cal

##### TENDERS

All-White Meat Chicken  
Choose a dipping sauce (2 oz)

**4 Count** \$9.99 420 Cal

**Make a Basket  
with Fries +\$2**

##### SAUCES

	2 oz	4 oz	Cal		2 oz	4 oz	Cal
Sweet Baby Ray's BBQ	140	280		Buffalo	80	160	
Chipotle BBQ	5	10		Sweet Chili	140	280	
Garlic Parmesan	140	280		Ranch	200	-	
Stingin' Honey Garlic	160	320		Blue Cheese	300	-	

#### SANDWICHES & APPETIZERS

##### Ham Deli Sandwich

with Swiss on Wheatberry Bread  
490 Cal | \$6.00

##### Mozzarella Sticks

with Ranch and Marinara  
810 Cal | \$9.69

##### Turkey Deli Sandwich

with Cheddar on  
Wheatberry Bread  
510 Cal | \$6.00

##### Seasoned French Fries

560 Cal | \$4.79

##### Onion Rings

with Chipotle Ranch  
500 Cal | \$7.59

##### Soft Pretzel Sticks

with Beer Cheese  
940 Cal | \$9.99

*Calories vary due to rotating menu.  
2000 calories a day is used for general  
advice, but calorie needs vary.*

