



THE MEADOWS GOLF COURSE & GRILL OUTING MENU

DELI & SANDWICH SELECTIONS

CLASSIC BAG LUNCH \$10.59/PERSON

Choose 1 Sandwich: Ham+Swiss or Turkey+Cheddar, Chips, Cookie, Bottled Water, and Condiments. Option to add on Potato Salad or Pasta Salad.

Ham+Swiss / Turkey+Cheddar	490/510 Cal
Bag of Chips	160-260 Cal
Chocolate Chip Cookie	210-260 Cal
Bottled Water	0 Cal
Condiments	Cals vary

ADD ONS (Choose one +\$1 per person)

Potato Salad Cup	190 Cal/4 oz
Pasta Salad Cup	260 Cal/4 oz



DELI EXPRESS \$16.19/PERSON

Sliced Oven-Roasted Turkey, Sliced Roast Beef and Deli Ham; Cheese and Relish Tray; Assorted Baked Breads and Rolls served with a choice of Two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Choice of Beverages.

Sliced Oven Roasted Turkey	30 Cal/1 oz
Sliced Roast Beef	40 Cal/1 oz
Deli Ham	30 Cal/1 oz
Relish Tray (Tomato, Lettuce, and On	ion) 10 Cal/1 oz
Assorted Baked Breads and Rolls	200-300 Cal each
Fresh Tossed Salad	50 Cal/4 oz
Ranch Dressing	100 Cal/1 oz
Italian Dressing	15 Cal/1 oz
American Style Potato Salad	190 Cal/4 oz
Pasta Salad	260 Cal/4 oz
Creamy Coleslaw	140 Cal/4 oz
Assorted Chips	160-260 Cal/bag
Assorted Cookie	210-260 Cal each
Lemonade	90 Cal/8 oz
Water	0 Cal/8 oz



BREAKFAST SELECTIONS

BASIC BEGINNINGS \$9.79/PERSON

Choice of One (1) Breakfast Pastry served with Butter, Jam, Cream Cheese, Water and Coffee, and Hot Water with Tea Bags

Assorted Danish	110-130 Cal each
Assorted Mini Muffins	120-130 Cal each
Assorted Bagels	200-210 Cal each
Gourmet Coffee	0 Cal/8 oz
Gourmet Decaf Coffee	0 Cal/8 oz
Hot Tea	0 Cal/8 oz
Water	0 Cal/8 oz

QUICK START \$13.99/PERSON

Miniature Muffins, Danish, and Bagels served with Butter, Jam, Cream Cheese, Seasonal Fresh Fruit Platter, Orange Juice, Water, Coffee, and Hot Water with Tea Bags

Assorted Danish	110-130	Cal each	٦
Assorted Mini Muffins	120-130	Cal each	า
Assorted Bagels	200-210	Cal each	า
Seasonal Fresh Fruit	30	Cal/2 oz	Z
Orange Juice	110	Cal/8 oz	Z
Gourmet Coffee	0	Cal/8 oz	Z
Gourmet Decaf Coffee	0	Cal/8 oz	Z
Hot Tea	0	Cal/8 oz	Z
Water	0	Cal/8 oz	Z



BREAKFAST SANDWICH BUFFET \$15.99/PERSON

Choice of Two (2) Breakfast Sandwiches served with Breakfast Potatoes. Fresh Fruit, Coffee, and Orange Juice

Bagel	200-210 Cal
Croissant	190 Cal
English Muffin	150 Cal
Egg Patty	200 Cal
Bacon	90 Cal
Sausage Patty	240 Cal
American Cheese	40 Cal
Fresh Seasonal Fruit	35 Cal
Breakfast Potatoes	120 Cal
Coffee	0 Cal
Orange Juice	110 Cal

A LA CARTE BREAKFAST

Assorted Bagels & Condiments 200-210 Cal/bagel \$26.99/dozen

Assorted Danish 110-130 Cal ea \$26.59/dozen

Granola Bars 120-130 Cal ea \$2.59/each

Miniature Muffins 120-130 Cal ea \$23.99/dozen

Individual Yogurts 50 Cal ea \$3.09/each

Gourmet Regular or Decaf Coffee 0 Cal/8 oz

\$29.89/gallon

Hot Chocolate 160 Cal/8oz

\$26.39/gallon

Hot Tea 0 Cal/8 oz

\$25.19/gallon

Orange Juice 110 cals/8oz

\$23.39/gallon

Apple Juice 90 cals/8oz

\$23.39/gallon

THE MEADOWS VOUTING MENU

GOLF COURSE & GRIL



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GOLF COURSE & GRILI



BALLPARK **FARE** \$15.49/PERSON

- Grilled Burgers
- Toppings & Condiments
- Choose 2: Potato Salad. Pasta, or Coleslaw
- Chips
- Cookies
- Lemonade & Water

LAKER BACKYARD \$16.99/PERSON

- BBQ Pulled Pork Sandwiches
- Toppings & Condiments
- Creamy Coleslaw
- Choose 1: Potato Salad or Pasta Salad
- Chips
- Cookies
- Lemonade & Water





STADIUM STYLE **TAILGATER \$17.49/PERSON**

- Grilled Burgers and **Founders Brats**
- Toppings & Condiments
- Sautéed Onions and Peppers
- Choose 2: Potato Salad. Pasta Salad, or Coleslaw
- Chips
- Cookies
- Lemonade & Water

LAZY SUMMER COOKOUT **\$17.49/PERSON**

- Grilled Burgers and Crispy Fried Chicken
- Toppings & Condiments
- Choose 2: Potato Salad, Pasta Salad, or Coleslaw
- Chips
- Cookies
- Lemonade & Water

ALUMNI SELECTION \$17.49/PERSON

- Grilled Burgers and Chicken
- Toppings & Condiments
- Choose 2: Potato Salad, Pasta Salad, or Coleslaw
- Chips
- Cookies
- Lemonade & Water

ULTIMATE GRILLOUT \$20.99/PERSON

- Grilled Burgers and Chicken Breast
- Toppings & Condiments
- Choose 2: Potato Salad, Pasta Salad. or Coleslaw
- Mac & Cheese
- Chips
- Cookies
- Lemonade & Water

SMOKEHOUSE BUFFET \$24.99/PERSON

- BBQ Pulled Pork and Smoked BBQ Brisket
- Toppings & Condiments
- Coleslaw
- Chips
- Mac & Cheese
- Fruit
- Cookies
- Lemonade & Water

GREAT STEAKOUT \$34.99/PERSON

- Boneless New York Strip Steaks and Grilled Chicken
- Toppings & Condiments
- Potato Salad
- Tossed Salad
- Rice Pilaf
- Steamed Green Beans
- Rolls and Butter
- Apple Pie
- Lemonade & Water

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CALORIES

Protein

Protein	
Beef Burger	410
Brisket	220
Founders Beer Brat	470
Fried Chicken	280
Grilled Chicken	130
New York Strip	130
Pulled Pork	300
Buns	
Brat Bun	170
Potato Burger Bun	160
Salad Choices	
Creamy Coleslaw	140
Pasta Šalad	260
Potato Salad	190
Toppings	
American Cheese	50
Sauteed Onions	50
Sauteed Peppers	50
Sliced Pickle	0
Tomato	5
Onion	5
Lettuce	5 5 5

Condiments	
Ketchup	40
Butter	40
4-1	30
BBQ Sauce	70
Ranch Dressing	100
talian Dressing	15
Mayo	200
Mustard	0
Others	
Mac & Cheese	160
Rice Pilaf	330
Roll	110
Tossed Salad	50
Steamed Green Beans	210
Fresh Fruit	30
Cookie	250
Apple Pie	300
Chips	150
3everages	
_emonade	90
Water	0

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Calories vary due to rotating menu. 2000 calories a day is used for general advice, but calorie needs vary.