# Grand Valley State University

## Psychology 101: Introduction to Psychology
### Fall 2024 (Sections 15 and 60)

## Teaching Team

| **Professor** | **SLA Facilitators** | |
|---|---|---|
| Todd Williams<br>Office: 2313 Au Sable Hall<br>willitod@gvsu.edu | Lauren Andrews (Section 15)<br>andrelau@mail.gvsu.edu | Kathryn Karemos (Section 60)<br>karmanok@mail.gvsu.edu |

**Office Hours (Zoom)**
Monday at 12:00 - 1:00 p.m
For meetings outside of these hours, please me with your availability.

https://gvsu-edu.zoom.us/j/4490093421?pwd=dlA3dHVGTG0yVTloK1gwTmNyVHZnUT09

| **Lecture Locations:** | **Structured Learning Assistance:** |
|---|---|
| Section 15 (T/R)<br>Lake Michigan Hall 114<br>10:00 - 11:15 a.m. | All SLA meet in Lake Superior Hall 230<br>Tuesday 9:00 - 9:50<br>Thursday 10:00 - 10:50<br>Friday 10:00 - 10:50 |
| Section 60: (T/R)<br>Au Sable Hall 2302<br>1:00 - 2:15 p.m. | Tuesday 5:00 - 5:50 - Au Sable Hall 2121<br>Thursday 5:00 - 5:50 - Lake Superior Hall 136<br>Friday 1:00 - 1:50 - Au Sable Hall 2146 |

**Course Description.** A general survey of psychology, the scientific study of behavior and experience, including overt actions and mental activity. Covers how psychologists think and act as scientists and how the study of its subject matter may be integrated at the biological, psychological, and social levels of analysis. Fulfillment of the laboratory credit typically entails serving as a research participant but can also be fulfilled through an alternate research related assignment.

**Objectives.** Upon successful completion of this course students will be able to:
1. Demonstrate an understanding of the scientific process in Psychology.
2. Identify major psychological theories and use psychological terminology correctly.
3. Critically evaluate the findings of psychological research.
4. Recognize examples of how psychological concepts are applied to daily life.

**Evaluation:**

|  | Description | Weight |
|---|---|---|
| Assignments | Effective Learning<br>Information Literacy<br>Miscellaneous (Surveys) | 5% |
| Assessment 1<br>Assessment 2<br>Assessment 3 | In-Class Multiple Choice | 20% |
| Top Hat | Reading / Quiz Questions | 10% |
| Lecture | Attendance | 10% |
| Structured Learning Assistance | Attendance | 10% |
| Research Enrichment | Participation | 5% |

This is a tentative grade distribution. Class average will be centered to 75%

| Rating | Letter Grade | Grade Point Value | Percentage Grades |
|---|---|---|---|
| Excellent | A | 4.0 | 90-100% |
| Excellent | A- | 3.7 | 85-89% |
| Good | B+ | 3.3 | 80-84% |
| Good | B | 3.0 | 75-79% |
| Good | B- | 2.7 | 70-74% |
| Satisfactory | C+ | 2.3 | 65-69% |
| Satisfactory | C | 2.0 | 60-65% |
| Satisfactory | C- | 1.7 | 55-59% |
| Poor | D+ | 1.3 | 50-54% |
| Minimal Pass | D | 1.0 | 45-49% |
| Failure | F | 0 | 0-44% |

**Absence/Missed Exam/Assignment:**

Email me a reasonable explanation and the date, for an excused absence. Multiple absences may require documentation from a health professional. In the case of illness, please check in with me within 48 hours of the exam or assignment due date. The weight of the missed exams may be transferred to the final examination.

**Academic Integrity:** Grand Valley State University is committed to the highest standards of academic integrity and honesty.  Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the University in this respect. Students are particularly urged to familiarize themselves with the provisions of the Code of

[Student Behavior (See section 4)](#) and avoid any behavior which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offense.

**Accessibility:**
If there is any student in this class who has special needs because of a learning, physical, or other disability, Please visit Student Accesibility Resources [https://www.gvsu.edu/accessibility/](https://www.gvsu.edu/accessibility/)
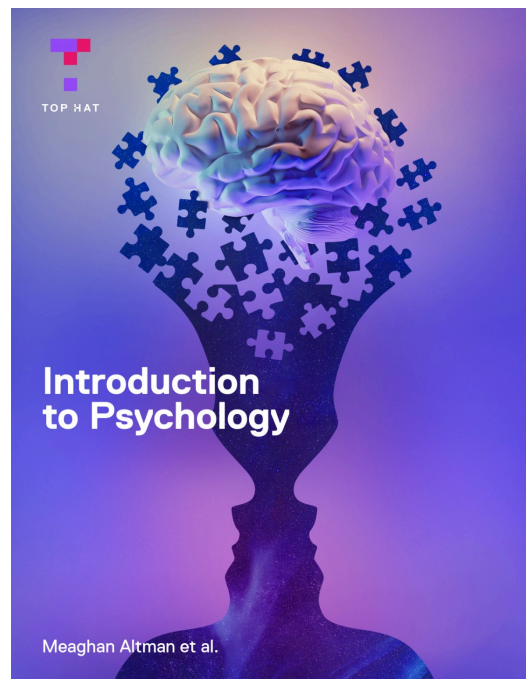
Please introduce yourself in person or by email and keep me informed of how I can best support your learning needs. If you would like physical assistance evacuating this classroom in an emergency, please help me develop a plan to assist you.

**Student Academic Success Center:**  Students who require help in developing strategies for better time management, writing, study or examination skills should contact the Advising Resource Centre (200 STU; [https://www.gvsu.edu/sasc/](https://www.gvsu.edu/sasc/)) for free tutoring sessions.

**Psych Friends:** Academic support for GVSU students who are either a psychology major/minor or a behavioral neuroscience major. Appointments via Navigate or email psychfriends@gvsu.edu

**Introduction to Psychology** (Altman et al., 2023) text and **Tophat Learning Platform.**

Please visit: [https://tophat.com/students/](https://tophat.com/students/)     JOIN CODE:  544061

Lecture slides, readings, homework assignments, videos, popular media and research articles, will be posted in Top Hat. Blackboard will only be used for emergency announcements and grades.

**Technology Requirement:** Access to high-speed internet is required to access the text and complete homework assignments

### *Tentative* Schedule

| August 27/ 29 | |
|---|---|
| No SLA for Section 15 during this week | |
| Topic | Reading(s) |
| Tuesday: Introduction and Syllabus | Syllabus |
| Thursday: Information Literacy | Assignment |
| September 3/5 | |
| SLA for Section 15 begins | |
| Tuesday: Effective Learning | Bjork et al., 2013 |
| Thursday: What is Psychology? | Top Hat: Module 1 |
| September 10/12 | |
| Tuesday: What is Psychology? | |
| Thursday: Methods in Psychology | Top Hat: Module 2 |
| September 17/19 | |
| Information Literacy Assignment Due September 20 (Submit to Blackboard) | |
| Tuesday: Methods in Psychology | |
| Thursday: Development | Top Hat: Module 4 |
| September 24/26 | |
| Effective Learning Assignment Due Sept 26 (Midnight) | |
| Tuesday:  Development | |
| Thursday: Consciousness | Top Hat: Module 6 |
| October 1/3 | |

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|---|---|
| Tuesday: Assessment 1<br><br>Thursday: Consciousness | |
| October 8/10 | |
| Tuesday: Learning<br><br>Thursday: Learning | Top Hat: Module 7 |
| October 15/17 | |
| Tuesday:  Memory<br><br>Thursday: Intelligence | Top Hat: Module 8<br><br>Top Hat: Module 10 |
| Fall Break – October 20-22 | |
| October 24 | |
| Tuesday: No Class<br><br>Thursday: Intelligence | |
| October 29/31 | |
| Tuesday: Motivation<br><br>Thursday:  Assessment 2 | Top Hat Module 11 |
| November 5/7 | |
| Tuesday: Personality<br><br>Thursday: Personality | Top Hat: Module 12 |
| November 12/14 | |
| Tuesday:  Social Psychology<br><br>Thursday: Social Psychology | Top Hat: Module 13 |
| November 19/21 | |
| Tuesday: Psychological Disorders | Top Hat: Module 14 |
| Thursday: Psychological Disorders | |
| November 26 | |
| Thanksgiving Day Recess November 27 - December 1 | |
| Tuesday: Psychological Treatments | Top Hat: Module 15 |

| December 3/5 |
|---|
| Last day to complete enrichment activities **Friday, December 6<sup>th</sup> @ 5:00pm.** |

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|---|---|
| Tuesday: Psychological Treatments<br><br>Thursday: Health and Stress | Top Hat: Module 16 |
| **Assessment 3** | |
| Section 60: Tuesday, December 10, 12:00 p.m. - 1:50 p.m.<br>Section 15: Thursday, December 15, 10:00 a.m. - 11:50 a.m. | |

**Enrichment Activities: Learning about Psychological Research**

In the Enrichment Activities (EA) portion of the course, students will be given the opportunity to experience psychological research first-hand. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will introduce you to a variety of research techniques used in psychological research.

Students must earn **four** EA credits for this requirement. The credit you earn by completing each EA is a function of the amount of time it takes to complete it.  For example, by participating in a brief online study (30 minutes or fewer) you would earn ½ of an EA credit whereas an EA that takes one hour to complete would earn 1 credit. Both types of Enrichment Activities will be available in face to face and online formats.  You may complete the EA requirement using any combination of EA types, however, **at least two full credits of EAs must be completed in person.**

Enrichment activities are scheduled and offered through the Sona Study Scheduling System. You will receive an email at the beginning of the semester containing your User ID and an initial password, and a link to the Sona system website at https://gvsu.sona-systems.com. If you do not receive an email regarding your account by the end of the first week of class, please contact the Lab Supervisor, Hannah Todd, at psychlab@gvsu.edu.

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office. Additional details regarding the enrichment activities and an FAQ are available online at

https://www.gvsu.edu/psychology/psy-101-participation-in-research-sona-435.htm

**Screening Instrument**:  Once you receive your User ID and password, you will be able to immediately earn .5 credits by completing an online prescreening questionnaire. This is a short questionnaire used by some researchers to determine your participation eligibility for studies carried out throughout the semester. You must be 18 or older to complete the prescreen survey. You are not required to complete it, but doing so increases the number of studies you will be able to choose from during the semester.  You can complete the prescreen at any time from the

My Profile tab on the blue bar at the top of the page, however, completing it early (within the first two weeks of class) ensures that you will have access to the widest variety of EA activities within the Sona System.

**Enrichment Activity Deadline**

The last day to complete your EA requirement is **Friday, December 6$^{th}$ @ 5:00pm.**

If you have questions regarding any aspect of the Enrichment Activities, please contact the Lab Supervisor Hannah Todd, who can reached in the Psychology Department Office (2224 Au Sable Hall, 616-331-2427) or by sending an email to psychlab@gvsu.edu.