

## **GVSU MCOLES Physical Fitness Testing Location dates, times, information**

All testing dates are limited to 20 participants.

The Physical Fitness Test will be held at the GVSU Police Academy on the Frederik Meijer Campus at Holland (515 S. Waverly Rd. Holland, MI 49423). Please bring your completed and signed original MCOLES Physician's Health Screening Form and appropriate fitness clothing and footwear for the Physical Fitness Test. Please plan on arriving for the test at least :30 minutes prior to the start time and for approximately 2 hours for all 20 participants to complete all events.

**To reserve a spot for the test, e-mail [bowmjoel@gvsu.edu](mailto:bowmjoel@gvsu.edu)**

The cost of the Physical Fitness Test is **\$50 and is payable by check or money order only.** Please bring the check to the test and make it payable to Grand Valley State University Police Academy. The reservation deadline is 1600 hours (4pm) on the Wednesday prior to the test date.

Note: Submitting the registration form does not qualify you as registered; we will email you to confirm your registration. Please contact us by the Wednesday prior to the test date if you do not receive a confirmation email. We will notify you by email or phone if your testing session is canceled due to inclement weather or low enrollment.

### **Dates:**

Thursday January 16, 2025 @ 9am

Monday January 20, 2025 @ 3pm

Thursday January 23, 2025 @ 9am

Monday January 27, 2025 @ 9am

Thursday February 6, 2025 @ 9am

Monday February 10, 2025 @ 3pm

Wednesday February 12, 2025 @ 9am

Monday February 17, 2025 @ 3pm

Wednesday February 19, 2025 @ 9am

Thursday February 20, 2025 @ 3pm

Monday February 24, 2025 @ 3pm

Monday March 3, 2025 @ 3pm

Wednesday March 5, 2025 @ 9am

Monday March 10, 2025 @ 3pm

Wednesday March 12, 2025 @ 9am