

Offered

1-Credit Course	Fall 2024	Winter 2025
ENS 183 Sustainability as a Lifestyle	X	X
FIT 119 Outdoor Skills	X	
GEO 175 - Research Tools for Geoscience	X	X
GPY 101 Sustainability and Place		X
GPY 112 Global Climate Crisis		X
HTM 201 Food Safety	X	
IDS 105 Mindfulness as a College Success Tool	X	X
IDS 150 Dialogue Across Difference	X	X
IDS 180 Community Based Tutoring	X	X
MLL 100 How to Learn a Foreign Language	X	X
US 102 Career Education Class	X	X
US 301 Internship and Job Search Strategies	X	X

**Click on title for Catalog Description